

COMPLIMENTARY

Glenwood Springs

COLORADO MAGAZINE | 2026

SOAK IN THE HISTORY

GLENWOOD HOT
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ARTS + CULTURE

BUSINESS & SERVICES

COMMUNITY + RECREATION

EATS & DRINKS | HISTORY

LOCAL SCENE | LODGING

MAPS | WELLNESS

FREE SOUVENIR
CARTOON MAP INSIDE



EXPLORING THE GREAT OUTDOORS

30 SCENIC HIKES

YEAR-ROUND ACTIVITIES & ADVENTURE

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RECREATION
DESTINATION

DEFIANCE
ROLLER COASTER
AT GLENWOOD
CAVERNS
ADVENTURE
PARK

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1893



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Welcome to **GLENWOOD SPRINGS, COLORADO!**

Editor's Note

Welcome to Glenwood Springs! Thank you for picking up a copy of the 2026 Glenwood Springs Magazine + Map. Inside this magazine, you will find the best that Glenwood Springs has to offer. This includes an extensive dining guide, shopping, lodging guide, adventure, useful local information, interesting features, history articles, maps and “don’t miss” activities. Whether it’s an overnight visit, a week, season or lifetime, enjoy your experience in magical Glenwood Springs, Colorado.

Cheers,

Bridgette Moran, Publisher



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Elevation 5,761

GETTING HERE:

Whether it’s by train, plane or automobile, there are several transportation options, all of which offer beautiful scenery along the way.

For convenience, Aspen/Pitkin County Airport is the way to go. Other airports nearby include Eagle County Regional Airport and Grand Junction Regional Airport. Flights into Denver International Airport tend to be the most affordable option.

Another option aside from renting a car in Denver is CDOT’s interregional express bus, Bustang which travels to Glenwood Springs.

One of the most scenic routes from Denver is by train. Amtrak’s California Zephyr is just shy of a six hour ride from Denver’s Union Station to Glenwood Springs (Amtrak.com).

No car? No problem. The Roaring Fork Transportation Authority (RFTA.com) is the local bus service, with regular schedules from Aspen to Glenwood and beyond.

GLENWOOD SPRINGS TO:

Denver - *157 miles*

Grand Junction *87 miles*

Vail - *61 miles*

Aspen - *41 miles*

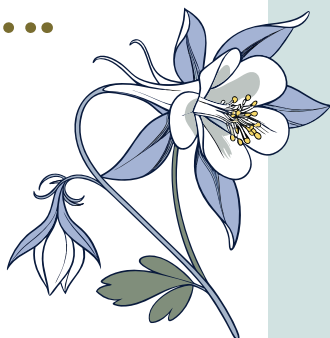


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PUBLISHED BY:

Paradise Publishing
Info@Paradise-Pubs.com
970-596-3396
GlenwoodSpringsMagazine.com

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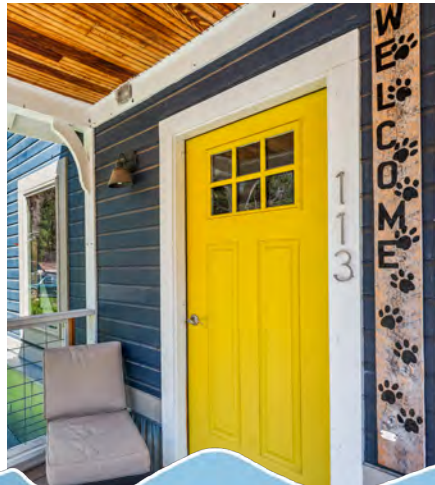
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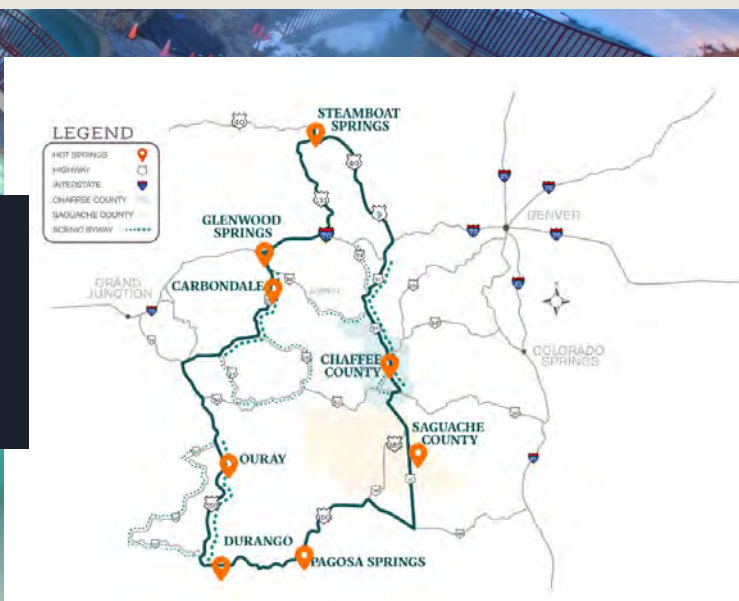




THE COLORADO HISTORIC HOT SPRINGS LOOP

By Savannah Nelson

Photos and Map Courtesy of Colorado Historic Hot Springs Loop



Western Colorado's mountains are alive with geothermal energy—warm, mineral-rich waters that have provided comfort and healing for generations. The Colorado Historic Hot Springs Loop (CHHSL) brings together eight of the state's premier hot springs destinations along roughly 800 miles of scenic highways, connecting 23 distinct soaking experiences across the Rockies.

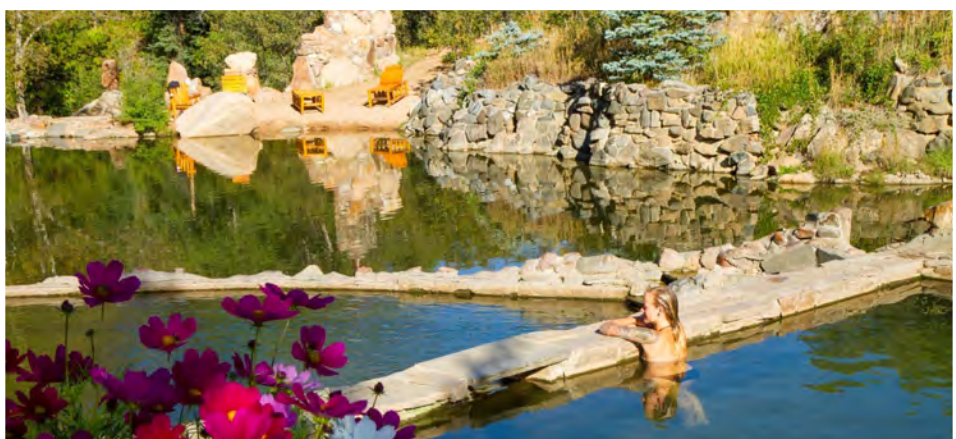
This circuit offers a blend of history, wellness and adventure—all linked by the soothing allure of naturally heated waters.



A Brief History

Long before Colorado's resort towns took shape, geothermal springs were sacred places for Indigenous peoples, used for a mix of medicinal, ceremonial and rejuvenating purposes. When European settlers later arrived, the same hot springs quickly became destinations for weary miners and railroad travelers seeking relief. Bathhouses and grand hotels sprang up around the bubbling waters, transforming simple geothermal sites into social and healing centers. Today, this legacy has been preserved through collaboration among local tourism organizations. The Colorado Historic Hot Springs Loop was formally established in 2015 in partnership with the Colorado Tourism Office to highlight this unique collection of geothermal destinations.

The Loop follows a road trip through mountain passes, scenic byways and small towns steeped in frontier history and natural wonder, tied together by some of the state's best hot springs.



Destinations along the Colorado Historic Hot Springs Loop

GLENWOOD SPRINGS

Glenwood Springs has been drawing visitors to its waters since 1888, when the Glenwood Hot Springs Pool first opened. The massive pool is credited as the largest natural mineral hot springs in the world.

Today, visitors can also enjoy the Iron Mountain Hot Springs, where small, terraced pools overlook the Colorado River, or the Yampah Spa & Vapor Caves, known as the only natural vapor cave in North America.

CARBONDALE, COLORADO

Nearby, Carbondale offers a unique combination of mountain-town charm, local agriculture and outdoor recreation, while its designation as a Colorado Creative District speaks to a flourishing arts culture. A soak at Carbondale's scenic and serene Avalanche Ranch is a clinic in mountain relaxation and rejuvenation.

STEAMBOAT SPRINGS

Steamboat Springs pairs its famous ski slopes with geothermal luxury. The town's name comes from the "chugging" sound early trappers heard from the natural springs along the Yampa River.

Old Town Hot Springs, located downtown, is a family-friendly facility that has served locals for more than a century. A short drive outside of town, Strawberry Park Hot Springs offers a rustic nature retreat with natural stone pools set alongside Hot Springs Creek.

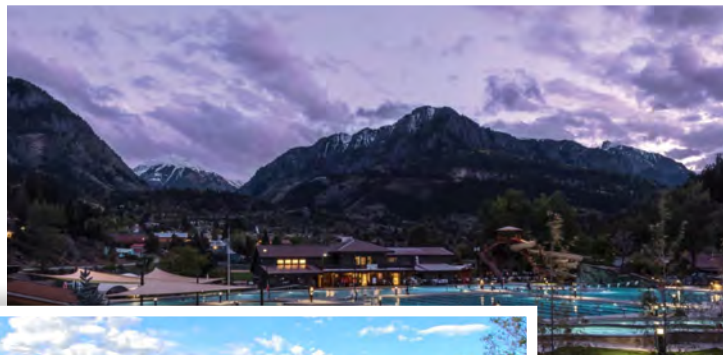
CHAFFEE COUNTY (BUENA VISTA, NATHROP, AND SALIDA)

Set in the Collegiate Peaks region, Chaffee County is home to multiple geothermal treasures and recreation opportunities. The Mount Princeton Hot Springs Resort channels Chalk Creek's thermal waters into creek-side stone pools with sweeping mountain views. Cottonwood Hot Springs Inn & Spa provides a quieter, more spiritual atmosphere, while Salida Hot Springs Aquatic Center offers the largest indoor hot springs pool in North America.

PAGOSA SPRINGS

In the state's southwest corner lies Pagosa Springs, home to the world's deepest geothermal aquifer. Visitors soak in a series of riverside pools at The Springs Resort & Spa, Overlook and Healing Waters, each with a distinct vibe.

The town's name—derived from the Ute word "Pagosah," meaning "healing waters"—perfectly encapsulates its essence.



OURAY

Nicknamed the "Switzerland of America," Ouray combines dramatic alpine scenery with frontier charm. The Ouray Hot Springs Pool & Fitness Center, nestled beneath towering cliffs, has been a community geothermal hub since 1927. For those seeking history and intimacy, the Wiesbaden Hot Springs Spa and Lodgings features a naturally heated vapor cave and small soaking pool.

Whether paired with a drive along the Million Dollar Highway or a stroll through Victorian-era streets, Ouray's hot springs embody Colorado's mountain magic.

DURANGO, COLORADO

Durango combines a deep western heritage and modern vibrancy. The town remains true to its mining-and-rail-road roots while embracing college-town energy, craft cuisine and outdoor adventure.

A short drive from downtown, Durango Hot Springs sits amid mountain scenery—ideal for pairing an active day with a restorative soak.

SAGUACHE COUNTY, COLORADO

Saguache County offers a more off-the-grid portion of the Loop—deeply scenic, rich with wide-open space. Framed by the San Juan and Sangre de Cristo mountains, the region invites hiking, horseback riding, wildlife viewing and soaking in quiet solitude. It's home to several distinct hot springs, like Joyful Journey, Sand Dunes Recreation, Splashland and Valley View Hot Springs, where visitors can escape the bustle and reconnect with nature.

At its heart, the Colorado Historic Hot Springs Loop celebrates something timeless: the human instinct to gather, rest and heal in nature's warmth. From the ancient traditions of the Ute people to today's spa retreats, Colorado's hot springs have always been places of renewal.

Head to www.cohotspringsloop.com to learn more about soaking along the Colorado Historic Hot Springs Loop.

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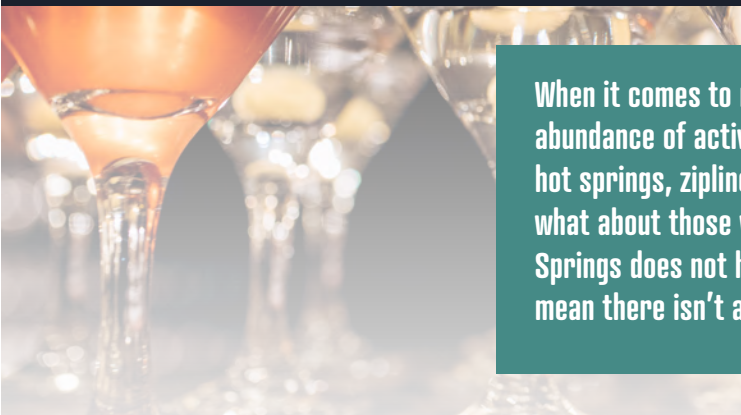
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GLENWOOD SPRINGS NIGHT LIFE

By: Amy Bradley



When it comes to mountain towns here in Colorado, there is usually an abundance of activities to fill the days. Outdoor excursions, hiking trails, hot springs, ziplines, restaurants and more can make the days fly by. But what about those who enjoy a bit more of the nightlife? While Glenwood Springs does not have the bustling after dark scene of a big city, it doesn't mean there isn't a selection of places to enjoy a night on the town.




While there is not necessarily a large selection of establishments open past 10 pm, the few that are open provide different atmospheres for a variety of late-night vibes. Brew pubs, restaurants and a long-standing saloon are open until at least 11 pm.

First up, the famous Doc Holliday Saloon, a Glenwood Springs staple since the 1880s. This old western-feeling bar is open daily until 2 am making it the latest open place in town and most pub-crawler's last stop. It's also open at 10 am and offers a lunch and dinner menu, so there are many reasons to stop in when visiting Glenwood Springs. The historical photos, potbelly stove and black walnut western-saloon style bar are a must see for tourists and locals alike. This is the place to spend your evening if you're in the mood for a good old fashioned "locals" feel.

Another late-night option is Native Son. Operating from 6 pm to midnight or later every day but Monday, this is a newer establishment in Glenwood that has filled a slightly lacking late-night void. It is one of a handful of selections for late-night dining as well. This place is focused on southwestern and Hispanic flavors with their food and drinks. From shareable chips and salsa with guacamole to full taco and bowl entrees, the flavors work great with their equally focused drinks: a handful of margaritas, mezcal cocktails and twists on other classics like sours and Manhattans. There are also mocktail and NA beer selections so everyone will be able to find something they can enjoy. Keep an eye on their calendar! This place has karaoke, open mic nights, DJs for dancing, and Latin dancing nights to keep everyone entertained on any night of the week (except Mondays . . . you're out of luck on Mondays!).

Tequila's Mexican Restaurant is a tasty late-night food option on Fridays and Saturdays, keeping the doors open until 11 pm. For those who prefer a full dinner menu later in the evening without the bar scene, this is an excellent choice. Their vast selection of dishes will keep everyone happy.



So for those who thrive when the sun goes down, there are a handful of places with unique vibes and offerings to keep you entertained into the late hours! Get your karaoke voices ready, your salsa shoes on and be open to enjoying where the night takes you.



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Glenwood Springs MARKET UPDATE

SINGLE FAMILY HOME TRENDS

Q3 2025 YEAR TO DATE*

New LISTINGS

169 ^{32%}



Sold LISTINGS

20% [↑] 104

AMOUNT OF Supply

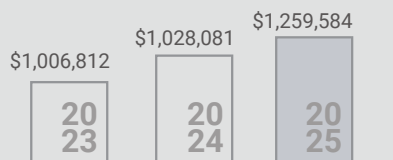
4 ^{months}

29% [↑]

Average PRICE PER SQUARE FOOT

\$487 ^{7.5%}

AVERAGE Sale Price



*Market analytics represent all real estate data for single family homes in Carbondale for September 2025 YTD compared to previous year. Obtained from Colorado Association of Realtors Report © Showing Time. Source: Aspen Glenwood MLS.

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WHITEWATER RAFTING IN GLENWOOD SPRINGS

By Jenny Carter

The state of Colorado is filled with natural beauty and endless ways to explore it. Whitewater Rafting is only one of those ways and there is no wonder why it is a local favorite here in Glenwood Springs! It is an amazing experience for people of all ages and backgrounds! Not to mention it is also an incredible way to see and explore a new area in a different way. If you haven't tried it before, it's highly recommended to get out there and try something new!

While enjoying this great outdoor activity, it is important to stay safe. If you are new to the sport or looking to explore a new section of river or creek, the best way to have a safe and fun experience would be to go with a professional outfitter!

A GUIDED WHITEWATER
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TO HELP YOU FEEL
COMFORTABLE WHILE
EXPERIENCING A NEW
ACTIVITY OR VISITING A
NEW AREA!

HERE ARE A FEW TIPS FOR YOUR NEXT RIVER ADVENTURE:

- A life jacket, also known as a personal floatation device (PFD), is a must any-time while on the river.
- Bring sunscreen. The beaming Colorado sun is quite strong and is very important when protecting yourself from a sunburn. Another great resource is wearing a sun shirt.
- Bring a bottle of water along for the ride. It's important to stay hydrated while you're working hard on the river.
- Take a look at the weather forecast, so you know how to dress appropriately.
- Listen to your guide, they will be sharing a ton of knowledge. Also, don't be afraid to ask questions before you go on the river and while you're out there as well.
- Lastly, soak in your surroundings! There's a large chance you are surrounded by something amazing, take a look around.

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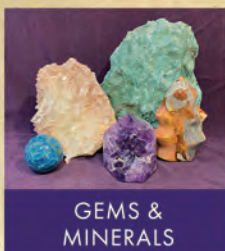
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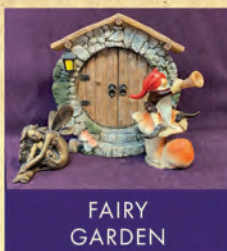
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48 HOURS IN GLENWOOD SPRINGS FOR SOLO TRAVEL

By Savannah Nelson

Glenwood Springs, Colorado, is the kind of place that welcomes solo travelers with open arms—a blend of natural wonder, adventure and rejuvenation tucked into the heart of the Rockies. Whether you're seeking solitude in nature, thrilling experiences or cozy moments of self-care, Glenwood offers plenty to do on your own, each season.

HERE'S HOW TO SPEND 48 HOURS DISCOVERING YOURSELF IN COLORADO'S FAVORITE MOUNTAIN TOWN—SOLO.

WINTER: ADVENTURE, SOAKING AND SHOPPING

DAY 1

Winter solo travel in Glenwood means embracing both the beauty and adventure of snow-covered peaks and cozy escapes. Start by jumping right in. Head to Sunlight Mountain Resort for a day of skiing or snowboarding—the mountain is accessible, easy to navigate and explore and there are runs designed for athletes of all levels.

After, unwind at Iron Mountain Hot Springs. The vibes are soothing and upscale, with premium amenities, great views and several smaller soaking pools for high-end relaxation.

DAY 2

Get to know Glenwood Springs' shopping scene for a fun day two. Downtown's Grand Avenue is full of options: be sure to walk atop the pedestrian bridge that connects the beautifully decorated Hotel Colorado to the main street's collection of local businesses and boutiques, including Treadz for clothing and shoes, Elizabeth Dean for women's clothing, Hookers for men's clothing and Bullock's for the Yellowstone fashion-loving folks. High Country Gems, Glenwood Toys and Fine Things are also must-stops downtown.

Stop by Riviera Supper Club and Scratch Kitchen or Hugo's for a delicious meal; both offer craft dishes and a welcoming bar scene—a great place for solo travelers to chat with locals or fellow adventurers.

The Meadows is another great area, with box stores to check out. Zheng Asian Bistro is always worth visiting when in this part of town.

SPRING: RENEWAL, LAUGHTER, AND GOOD BREWS

DAY 1

Start your spring getaway with a visit to Yampah Spa and Vapor Caves for a rejuvenating steam session. The natural geothermal caves offer a meditative quiet that feels worlds away from the everyday, steeped in history and tradition. Additionally, this can be a great spot to meet and connect with locals.

For a dose of entertainment and laughter, the Glenwood Vaudeville Revue is a must-see live dinner theater and comedy show, totally unique to Glenwood Springs.

DAY 2

A little fresh air goes a long way. Catch some incredible views of town with the Doc Holliday Grave Hike (under a mile there and back), where you can follow the story of the area's infamous gun slinger alongside some panoramic views. Refuel at Sweet Coloradough, known for its signature doughnuts.

For those who'd like to sample the local watering holes, some favorite stops include Casey Brewing Taproom, Doc Holliday's Saloon, the Glenwood Canyon Brewpub, Springs Bar and Stoneyard Distillery.



SUMMER: FUN IN THE SUN

DAY 1

Kick off your solo summer weekend with a morning ride on the Glenwood Gondola up to Glenwood Caverns Adventure Park. Take in the sweeping valley views before exploring the cave tours and adrenaline-pumping rides like the alpine coaster or zip line.

Lunch is always delicious at Slope & Hatch, before renting a bike for an afternoon ride along the Glenwood Canyon Recreation Trail. The paved path winds along the Colorado River, offering stunning canyon walls and occasional cool spray—a quintessential Glenwood experience.

DAY 2

For a strong dose of local culture, snag a spot on a rafting trip with one of Glenwood's many outfitters. Rafting is a great solo activity, where it's easy to grab a place with a mixed group of fellow adventurers, bonding as you take on the rapids of the Colorado or Roaring Fork Rivers.

Afterward, reward yourself with a visit to Glenwood Hot Springs Resort, the world's largest mineral hot springs pool. Enjoy incredible views, mountain goats in the distance, a conversation with a local and a signature ice cream cone on a hot day—don't forget sunscreen!

Cap off your evening with dinner at Juicy Lucy's Steakhouse or Euro Italian Underground, each offering a cozy ambiance and hearty fare.



FALL: SCENIC AUTUMN COLOR

DAY 1

Autumn in Glenwood is a dream for solo travelers. Start your day with coffee and a pastry from Annie's Bakery, then head out for a hike at the area's crown jewel, Hanging Lake Trail. This bucket-list hike is stunning year-round, but fall's golden aspens make it magical. Be sure to secure your permit in advance.

Be sure to check out a delicious meal at Grind, Brava Modern Trattoria or Russo's Pizza.

DAY 2

For a dose of vibrant fall color, explore the area surrounding Sunlight Mountain Resort. There are scenic back roads and mountain biking trails to explore, framed by Colorado's signature autumn colors. Grab lunch downtown at Tequila's after time in the fresh air.

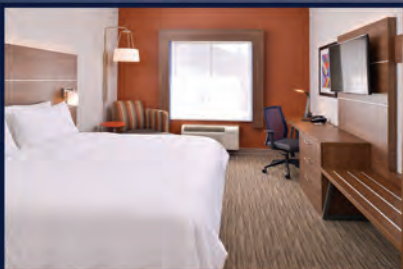
To continue the scenic views, a day trip to neighboring towns is a must: New Castle, Carbondale, Snowmass or Aspen all offer a range of gorgeous hikes, drives and up-close views of incredible fall colors.



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30 SCENIC HIKES

By: Shaina Maytum & Amy Bradley

The Continental Divide, four major river valleys, countless alpine lakes and waterfalls, mountains in all directions that tower to 13,000 and 14,000 feet... the Carbondale area is blessed with unrivaled views and the area's trail systems are designed to get you, the adventurous hiker, to them. We have added to our previous list to bring you thirty trails, ranging from easy to very difficult, because of their sheer scenic beauty. Whether you are looking to enjoy the fresh air for a few hours or have a back-packing adventure in you for a weekend, we've got all manner of lengths with views to keep your soul happy.

CARBONDALE AREA

Thomas Lakes

Difficulty: Moderate - Difficult

Dogs: Yes - on leash

Miles and elevation gain: 8 miles, 1500'

Views of: Alpine lakes, Mt. Sopris, Roaring Fork valley

The Thomas Lakes trail winds through pine forests, open meadows and aspen groves before ending at two tourmaline blue lakes at the base of Mt. Sopris. Definitely pack a picnic and, if you're so inclined, a fishing rod! This lovely area is worth spending an afternoon at. Make sure you have a valid Colorado fishing license if you plan to fish.

Mt. Sopris

Difficulty: Very difficult

Dogs: not recommended

Miles and elevation gain: 13.5 miles, 4,500'

Views of: Elk mountains, Sawatch range, Flat Top mountains, Continental Divide

Mt. Sopris is certainly one of the Roaring Fork Valley's most iconic hikes but should only be attempted by very fit hikers when conditions are excellent. The first four miles to Thomas Lakes are moderate but the nearly 3000' of elevation gain over the 2.75 miles to the summit is formidable. Hiking Mt. Sopris is a full-day affair and hikers should plan to leave early enough to be off the summit before noon to avoid potential thunderstorms. Hikers need to be prepared for widely variable weather conditions and carry sufficient supplies for a full day in the mountains.

Mushroom Rock/Red Hill

Difficulty: Moderate

Miles and elevation gain: varies, 700'

Dogs: Yes

Views of: Mt. Sopris, Thompson Divide, Roaring Fork river

Almost certainly Carbondale's most popular trail, Mushroom Rock/Red Hill offers a variety of options. The "classic" route, a straight-up-and-down 2-mile roundtrip, is a quick (and rocky) workout but a vast network of longer, mellower options exist as well. The trails can be confusing, so looking at a map ahead of time and paying attention to trail signs is important! There are many apps available that have GPS which can be helpful for confusing trail systems.

Lorax Trail

Difficulty: Easy-Moderate

Miles/elevation gain: 3 miles, 500'

Dogs: Yes

Views of: Mt. Sopris

The underappreciated, close-to-town Lorax Trail travels over rolling terrain through sagebrush and juniper trees. It remains shady for most of the day and therefore doesn't require the

very early morning or late afternoon timing as some of the other lower elevation options. This "lollipop loop" is easy to follow but note that the trail does continue through a fence at the top of the loop. Many people have gotten lost once they leave the loop; only do so if you know where you are going.

Crystal Trail

Difficulty: Easy (paved)

Miles/elevation gain: Up to 14 miles round-trip, minimal elevation gain

Dogs: Yes, leashed

Views of: Crystal River valley, Mt. Sopris

The Crystal Trail is a bike path that runs from Carbondale and up the first part of highway 133. It makes for a family-friendly stroll with some of the best views around. Start at Roaring Fork High School if you want to get into the Crystal River valley right away.

Perham Creek Trail

Difficulty: Moderate - Difficult

Miles/elevation gain: 6 miles, 1500'

Dogs: Yes

Views of: Mt. Sopris, Crystal River valley

The Perham Creek trail is steep and narrow in places but is one of Carbondale's lesser-known hikes with rewarding views of the valley below. The trail can get hot, so either start early or make it an evening outing.

MARBLE AREA

Buckskin Basin/Avalanche Pass

Difficulty: Very difficult

Miles/elevation gain: 8 miles, 3000' (add an additional 1.6 miles if your vehicle is not high clearance)

Dogs: Yes

Views of: Waterfalls, Chair Mountain, Elk mountains

The 3000-foot climb to Avalanche Pass requires a full day and a high level of physical fitness but rewards hikers with wide-open fields of wildflowers, creeks and cascades (several crossings required), and vistas of surrounding mountain ranges. Even completing a portion of this hike is worth the trip. As more than half of this hike is above treeline, hikers should begin early so that they will be well on their way back before afternoon thunderstorms arrive. Note that the last 0.8 miles to the trailhead requires a high-clearance vehicle.

Ragged Mountain Trail

Difficulty: Moderate

Miles/elevation gain: 8 miles, 500'

Dogs: Yes

Views of: Waterfalls, Chair Mountain

The Ragged Mountain Trail, located off the Ragged Mountain Road (2-wheel drive accessible) on McClure Pass, offers a pleasant high mountain outing without the elevation gain

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required by other hikes. This mostly shaded trail gives hikers up-close views of Chair Mountain and the waterfalls of Buck Creek as well as respite from the summer heat. The trail crosses private property and requires moderate route-finding in some places.

Schofield Pass

Difficulty: **Very difficult**

Dogs: **Yes, leashed**

Miles/elevation gain: **6.3 miles, 616'**

Views of: **Crystal Mill in distance, Elk Mountains, Maroon Peak**

This pass is considered the deadliest pass in Colorado. Many who have attempted to drive it over the years have had accidents. While not to be visited lightly, especially by vehicle, this isolated and stunning area between Marble and Crested Butte will reward travelers with incredible views without the crowds. Views of Maroon Peak and Crystal Mill can both be seen in the distance among the wildflowers and forest. Keep in mind though, this road is also only open about two months of the year because of snow and mud. So for those who wish to risk a dangerous road in a very limited window of time, there will certainly be some lovely payoffs. But proceed with extreme caution.

BASALT AREA

Arbaney-Kittle Trail

Difficulty: **Moderate**

Dogs: **Yes**

Miles/elevation gain: **3.5 miles, 1500'**

Views of: **Snowmass Peak, Mt. Sopris, Roaring Fork and Fryingpan rivers**

This short and steep trail climbs steadily through a juniper forest for just over 1.5 miles, ending at an overlook with views of major peaks and the Roaring Fork and Fryingpan River valleys. This hike is best done early or late in the day to avoid the midday heat.

Lyle and Mormon Lakes

Difficulty: **Moderate - Difficult**

Miles/elevation gain: **3 miles, 600' (Lyle Lake), 6 miles, 1200' (Mormon Lake)**

Dogs: **Yes - leashed**

Views of: **Alpine lakes, Sawatch range**

The Forest Service calls this hike "one of the most scenic in the Fryingpan River area." It's a bit of a drive (about an hour from Basalt) but the views from Lyle and Mormon Lakes are well worth the trouble. Lyle Lake is 1.5 miles from the trailhead with minimal elevation gain and is a great place for picnicking and relaxing. Those who choose to continue on to Mormon Lake face some steeper slopes and uneven terrain but are rewarded with long-distance mountain views and fields of wildflowers which feels like a quintessential Colorado hike that ticks off all the boxes.

Josephine Lake

Difficulty: **Difficult**

Miles/elevation gain: **8 miles, 2250'**

Dogs: **Yes - leashed**

Views of: **Alpine lake, Sawatch range**

Like Lyle and Mormon Lakes, accessing Josephine Lakes requires a fairly long drive (about an hour from Basalt). This full-day adventure takes hikers through meadows and marshes, along creeks, and up steep ridges. Get an early start so you have time to enjoy a well-deserved rest at this high-altitude

lake before making your way back down again.

Fryingpan Lakes

Difficulty: **Moderate-Difficult**

Miles/elevation gain: **8 miles, 1500'**

Dogs: **Yes, leashed**

Views of: **Alpine lake, craggy ridgelines**

The Fryingpan Lakes trail is yet another beautiful alpine lake located below granite peaks and ridges. This trail is also located up the Fryingpan road from Basalt and requires good directions and some dirt road driving. There was a blowdown here in September 2020 and the trail may still be blocked by trees in areas so do research before driving to this trailhead.

ASPEN AREA

Cathedral Lake

Difficulty: **Moderate-Difficult**

Miles/elevation gain: **6 miles, 2000'**

Dogs: **Yes- leashed**

Views of: **Alpine lake, Cathedral Peak**

Frigid Cathedral Lake sits at the base of the aptly named Cathedral Peak. The trail climbs three steep miles through pine forests and aspen groves, giving way to a wide basin surrounded by 12,000' - 13,000' peaks. There are many beautiful hikes in the Aspen area, but it would not be an overstatement to say this is among the finest. Give it a try in the fall months to see the expansive aspens in full color!

Electric Pass

Difficulty: **Very difficult**

Miles/elevation gain: **10 miles, 2700'**

Dogs: **Yes- leashed**

Views of: **Maroon Bells, Snowmass Peak, four other 14ers**

The trail to Electric Pass - the highest named pass in Colorado - continues off the trail to Cathedral Lake. The hike to Electric Pass is much more difficult than the hike to Cathedral Lake, and it is essential to begin early to avoid afternoon thunderstorms. In fact, Electric Pass was named by a Forest Service ranger who was knocked down by static electricity while standing on the pass. However, those who reach the top of the pass at nearly 13,500' will have views of the surrounding mountain ranges, including six of Colorado's 14,000' peaks. That is certainly a view worth seeing.

American Lake

Difficulty: **Moderate-difficult**

Miles/elevation gain: **6.5 miles, 2000'**

Dogs: **Yes - leashed**

Views of: **Alpine lake, close-up jagged peaks**

This immensely popular hike leads to one of the Aspen area's many alpine lakes. Hikers will traverse through intermittent pine and aspen forests and large wildflower-filled meadows. The lake itself sits in a rocky basin surrounded by 12,000' granite peaks, perfect for a picnic lunch.

Smuggler Mountain

Difficulty: **Moderate**

Miles/elevation gain: **3 miles, 800'**

Dogs: **Yes**

Views of: **Ski resorts, Maroon Bells, Continental Divide**

Smuggler Mountain is Aspen's see-and-be-seen trail. It's a quick, steep workout easily accessible from town. Despite the crowds, the overlook at the top provides views of all four ski resorts and the top of the Maroon Bells. Hikers can explore interpretive signage describing the area's mining history and

access numerous other trails from this point.

Ute Trail

Difficulty: **Difficult**

Miles/elevation gain: 2 miles (to Ute Rock), 1100'

Dogs: **Yes**

Views of: **Aspen, Roaring Fork river, Elk range**

For people who are looking for a true "Aspen Extreme" challenge, this trail offers steep inclines and sheer drop-offs. Hikers should be careful of loose footing and rockfall. Those who make it to the top have more than earned the vista from Ute Rock. Hikers who still want more can continue an additional two miles and another 2000' to the summit of Aspen Mountain.

Lost Man Trail

Difficulty: **Difficult**

Miles/elevation gain: 8.7 miles, 1400'

Dogs: **Yes, leashed**

Views of: **Continental Divide, alpine lake**

The Lost Man Trail, often referred to as the Lost Man Loop, is located near the summit of Independence Pass. Note that this trail is not a true loop and requires a two-car shuttle. Walking the road between the two trailheads is not recommended.

Independence Pass Overlook

Difficulty: **Easy**

Miles/elevation gain: 0.4 miles, minimal

Dogs: **Yes, leashed**

View of: **14ers, Continental Divide, Twin Lakes**

Though perhaps not technically a "hike," the Independence Pass Overlook is about as spectacular as it gets. From atop the Continental Divide you have 360 degree views of the surrounding mountains. Definitely stop here if you are crossing the Pass on your way to or from Aspen.

Sunnyside Trail

Difficulty: **Moderate**

Miles/elevation gain: 10 miles, 2600'

Dogs: **Yes, leashed**

View of: **Roaring Fork river, Hunter Creek valley, Aspen ski resorts**

Given its length, this hike offers opportunities for those looking for a challenge as well as hikers who want a shorter out-and-back. Wildflowers are spectacular here in the summer. This hike is popular with mountain bikers, so be prepared to get off the trail quickly.

MAROON BELLS AREA

The following three hikes are out of the hugely popular Maroon Bells trailhead. Please note that these trails can be very crowded in the summer months and planning ahead is essential. Reservations are required to park at the Bells or to take a shuttle from Aspen Highlands (recommended). Shuttle reservations are between June 17 and October 17 or 24, depending on conditions. Tickets cost \$16 and reservations must be made in advance. Visit <https://www.rfta.com/routes/maroon-bells/> for more information. More information about planning a trip to the Maroon Bells can be found on the White River National Forest website or by calling the Maroon Bells information line at (970) 945-3319.

Maroon Lake

Difficulty: **Easy**

Miles/elevation gain: 1 mile, minimal

Dogs: **Yes, leashed**

Despite the crowds, there is no denying the iconic appeal of standing at the base of the Maroon Bells. Come prepared with a camera, as it is said that this is the most photographed place in Colorado! This short trail around the lake is a good option for people adjusting to the altitude or who are looking for relaxing views over exertion.

Crater Lake

Difficulty: **Easy-Moderate**

Miles/elevation gain: 3.6 miles, 750'

Dogs: **Yes, leashed**

Views of: **Alpine lake, high mountain passes**

This short-ish jaunt from Maroon Lake makes for a pleasant snack or lunch spot. Hikers are afforded spectacular views of the area's famous deep valleys and high mountain passes. The trail is rocky and uneven in places, but should be manageable for most hikers and older children.

West Maroon Pass

Difficulty: **Very difficult**

Miles/elevation gain: 13 miles, 3000'

Dogs: **Yes, leashed**

Views of: **Mountain panoramas**

West Maroon Pass, crossed both by those hiking from Aspen to Crested Butte and hikers attempting the challenging Four Pass Loop can also be done as a long day hike. The wildflowers are in full bloom in late June and early July and the views over both Aspen and Crested Butte are spectacular. That said, this hike should only be attempted by very fit hikers who begin very early in the day. Remember, it's always OK to turn around!

TWIN LAKES AREA

Located on the south side of Independence Pass, the charming town of Twin Lakes is well worth a long day trip from Aspen. There are a number of trail options here, and historical structures and a cute restaurant round out the day.

La Plata Peak

Difficulty: **Very difficult**

Miles/elevation gain: 9.6 miles, 4400'

Dogs: **not recommended**

Views of: **Continental Divide, Arkansas River Valley, 14ers**

Most of the 14ers in the Aspen Area require very long hikes and are often dangerous for even experienced climbers. Very fit visitors who want to test their abilities can consider nearby La Plata Peak, which is located on the east side of Independence Pass. Most of the elevation gain happens in the second half of this hike, and treeline can be a great turnaround point. Anyone attempting a 14er should plan to begin very early in the day (and this trailhead fills up quickly, especially on weekends) and be prepared for rapidly changing weather conditions. Hikers should turn around at the first sign of a thunderstorm or if they are experiencing any symptoms of altitude illness.

Interlaken Trail

Difficulty: **Easy-Moderate**

Miles/elevation gain: 4.6 miles, 800'

Dogs: **Leashed**

View of: **14ers, Continental Divide**

This moderate trail follows the shore of Twin Lakes to the now-abandoned Interlaken Resort which has been restored by the Twin Lakes Historical Society. Check out the old hotel and outbuildings, then enjoy a rest and a picnic on the lake shore.

Mt. Elbert (east ridge)

Difficulty: Very Difficult

Miles/elevation gain: 12.3 miles, 4900'

Dogs: not recommended

Views of: Twin Lakes, Collegiate Peaks, Continental Divide, Leadville

Mt. Elbert is Colorado's highest peak, and though the route does not require technical climbing or scrambling it does require significant stamina for a very long day (plan at least eight hours). Like any peak, Mt. Elbert should only be attempted by very fit hikers who are willing to turn around due to weather or altitude illness.

REDSTONE AREA

Avalanche Creek

Difficulty: Moderate - Hard

Dogs: yes, leashed

Miles/elevation gain: 5 to 22, 400 – 6100'

The Avalanche Creek trail climbs through the red rock cliffs and pine forests of the lower Crystal River valley. The hike initially closely follows the creek, then ascends above the valley. Though the trail doesn't feature the expansive views of some of the other hikes in the area, it makes for a very pleasant and scenic moderate hike if you stop around the 2.5 mile mark. However, if you'd like to turn this hike into a challenge and are up for 22 miles round-trip, this hike will end at almost 11,000 ft with views of the lovely Avalanche Lake.

Perham Creek Trail

Difficulty: Moderate - Difficult

Miles/elevation gain: 6 miles, 1500'

Dogs: yes

Views of: Mt. Sopris and Crystal River valley

The Perham Creek trail is steep and narrow in places, but is one of Carbondale's lesser-known hikes with rewarding views of the valley below. The hike can get hot, so either start early or make it an evening outing.

East Creek Trail

Difficulty: Very difficult

Miles: 16

Dogs: yes

Features: mountain and valley views, few visitors The East Creek trail is arguably the most difficult trail in the area. Those wanting to complete the out-and-back should be prepared to start very early and be out for close to 12 hours. However, though steep, this trail provides lovely views of the valley below fairly early into the hike and visitors can, of course choose to turn around at any time.

Placita Trail

Difficulty: Difficult

Miles: 5

Dogs: yes, leashed

Views of: wildflowers, creek crossings

This steep trail is shady and features wildflower-filled meadows. It is very lightly traveled, which provides opportunities for solitude but also can result in obstacles like trees across the trail. The hike connects with the Lily Lake trail, and the junction is typically considered the turnaround for this trail.

BONUS: BIKE PATH / ADA ACCESSIBLE OPTION

Rio Grande Trail

Difficulty: Easy

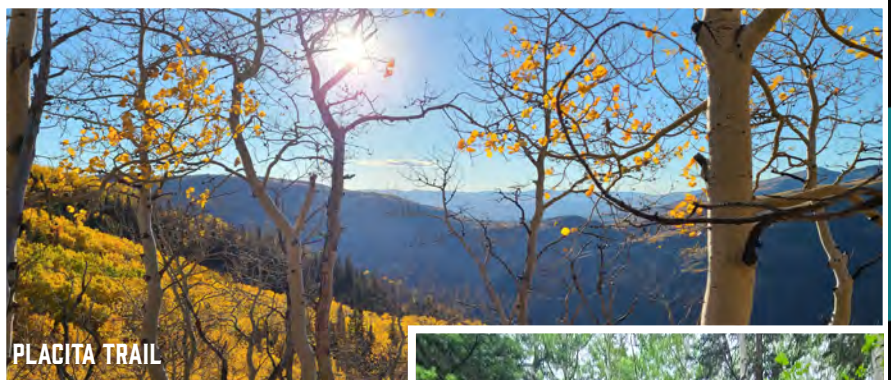
Miles: Varies

Dogs: yes, leashed

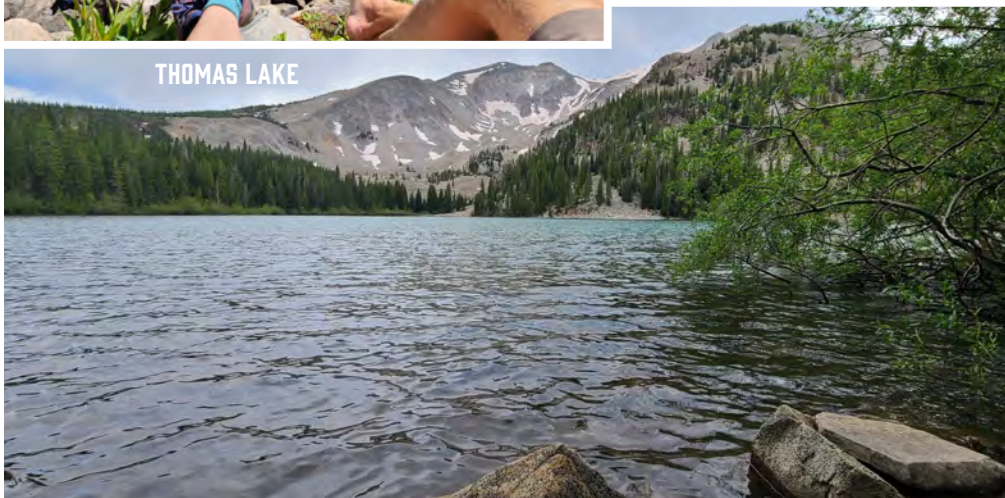
Features: paved, Roaring Fork river access, kid-friendly The Rio Grande Trail is a 40-mile paved bike path that follows the Roaring Fork River from Glenwood Springs to Aspen and can be accessed from multiple points along the route. Choose a section for a leisurely out-and-back or arrange a shuttle for a one-way trip. Like other bike paths in the area, the Rio Grande Trail is popular with cyclists and is a good option for families with children or people with ADA accessibility needs.



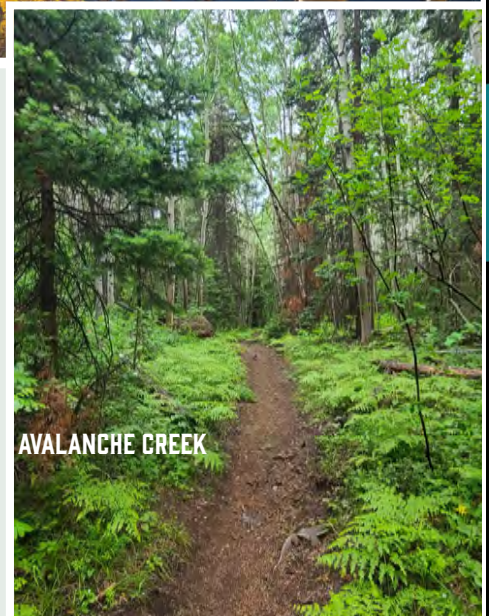
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GET TO KNOW GLENWOOD: *Marlene Neidert*

By Savannah Nelson

When Marlene Neidert describes her connection to Glenwood Springs, there's a thematic confidence of someone with global experience who chose the Roaring Fork Valley as a home base.

"The thing is," Marlene said, "nobody believes you when you say, 'We'll move to Europe for a few years, but we'll be back.'" But in 2024, she did just that. She and her husband Shane, along with their daughter Quinn, returned to their lives in Carbondale, ready to rejoin the Roaring Fork Valley community that had captured their hearts years earlier.

Today, Marlene co-owns OMfluence, a dynamic marketing agency with a dedicated tourism division, Hospitality Marketing. Though her professional world revolves around analytics, campaigns, and creative storytelling, Marlene's connection to Glenwood runs much deeper than metrics.



A Creative at Heart

A love of fresh air and creativity guides Marlene's work. "I enjoy creating marketing campaigns that are both creative and authentically human," Marlene said. "I love to geek out over digital analytics, but I'm happiest when I'm outside, finding the balance between running a business and spending quality time with my family."

Originally from Vienna, Austria, Marlene began her career at a social media agency, naturally gravitating toward travel, sustainability, and tourism accounts. When she first moved to Colorado in 2016, that passion found new ground as she worked as a marketing manager for a rafting outfitter serving Summit and Chaffee counties. "It gave me such a fun crash course in the state's tourism scene," Marlene said. "I got to collaborate with Vail Resorts and all kinds of hotels and attractions—it was the perfect entry into the Colorado adventure world."



Finding Glenwood

In 2018, Marlene joined Visit Glenwood, the tourism department of the Glenwood Springs Chamber Resort Association, as marketing project manager. "Working for Visit Glenwood was the best job I ever had," she said. "The people at the Chamber are so kind, caring, and community-minded."

Her role immersed her in the region's tourism ecosystem, from partnerships with the Colorado Tourism Office to collaborations such as the Colorado Historic Hot Springs Loop and stewardship efforts around Hanging Lake. "Those projects connected me with people all over the state and helped me fall in love with Glenwood even more."

Her work during the 2019 rollout of the Hanging Lake permit system stands out as a career milestone. "The social media communications around that were challenging," Marlene said. "It really sparked my interest in sustainability and stewardship marketing—how to use digital platforms not just to promote, but to protect."

That same year, a casual Chamber Morning Brew event introduced her to Olivia Savard—her future business partner. "We became fast friends and started imagining doing our own thing one day," Marlene says.

When her daughter Quinn was born, Marlene and her husband, Shane, decided to move closer to family in Austria so their child could know both her American and Austrian roots.

In 2023, she launched her own marketing agency from abroad. “Shortly after, I started to collaborate with Olivia Savard,” Marlene said. “We founded our Marketing Agency, which we now co-own with a designated branch for tourism and Hospitality Businesses.” Through OMfluence LLC and Hospitality Marketing, Marlene and Olivia serve clients in the Roaring Fork Valley, in Colorado, and beyond.

When Marlene and her family returned to the Roaring Fork Valley in 2024, they knew it was more than a homecoming—it was a reaffirmation. “Since we returned, I love the valley even more than before,” Marlene said. “Now, I’m learning what a wonderful place it is to raise a child.”

Roaring Fork Valley Life

Marlene’s husband Shane—“the cute guy I met while traveling through Thailand”—and their daughter Quinn have jumped back into the rhythm of valley life. Quinn, turning 5 in December, is already hiking 5-plus-mile trails and zipping down ski runs. “Shoutout to the Sunlight Mountain Powder Pals ski school program,” Marlene said. “It got my daughter excited about skiing and ripping through the Fairy Forest in no time.”

Beyond family adventures, Marlene’s work has continued to thrive thanks to the unique culture of Glenwood Springs and its surroundings. “It’s such a wonderful place to run a marketing agency,” she says. “The community is large enough to bring opportunities but small enough that human connection and networking are still worth your time.”

That blend of opportunity and intimacy adds to Glenwood’s special sauce. “I’ve had multiple meetings at the hot springs and even met clients on the chairlift—can it get any better than this?”

Outside of work, you’ll find Marlene in the fresh air. “Hiking is my favorite thing to do,” she said. “In winter, I love both alpine and cross-country skiing. Honestly, I don’t want to live anywhere that I can’t just go hike or ski on a random Wednesday if my meetings are canceled.”

Her favorite social setting? The hot springs, of course. “Nothing’s better than catching up with a friend in the hot springs,” Marlene said. “It’s where I do some of my best thinking—and some of my best networking.”

A Chosen Home

For Marlene, Glenwood Springs represents the best of both worlds: the calm of small-town living paired with the vibrancy of culture and community. “I grew up in Vienna, so I expect lots of offerings—restaurants, shows, concerts, festivals, activities,” she said. “A lot of small towns would be too quiet. But here, it’s perfect. It has everything without the overwhelm.”

Marlene Neidert may have arrived in Glenwood Springs as an international transplant and tourism professional, but she’s stayed—and returned—as a believer in what makes this place so special. Creativity, community, connection, and a shared love for the outdoors have shaped both her personal journey and her professional path.

The ultimate charm of the Roaring Fork Valley, of course, comes down to the people. “It’s such a friendly, welcoming community,” Marlene said. “Thank you for welcoming me with such warmth. This valley is truly my chosen home.”



All photos provided by: Marlene Neidert



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Co. Rd 137

Storm King Mountain Road

70

GLENWOOD SPRINGS

NO NAME REST AREA

GRIZZLY REST AREA

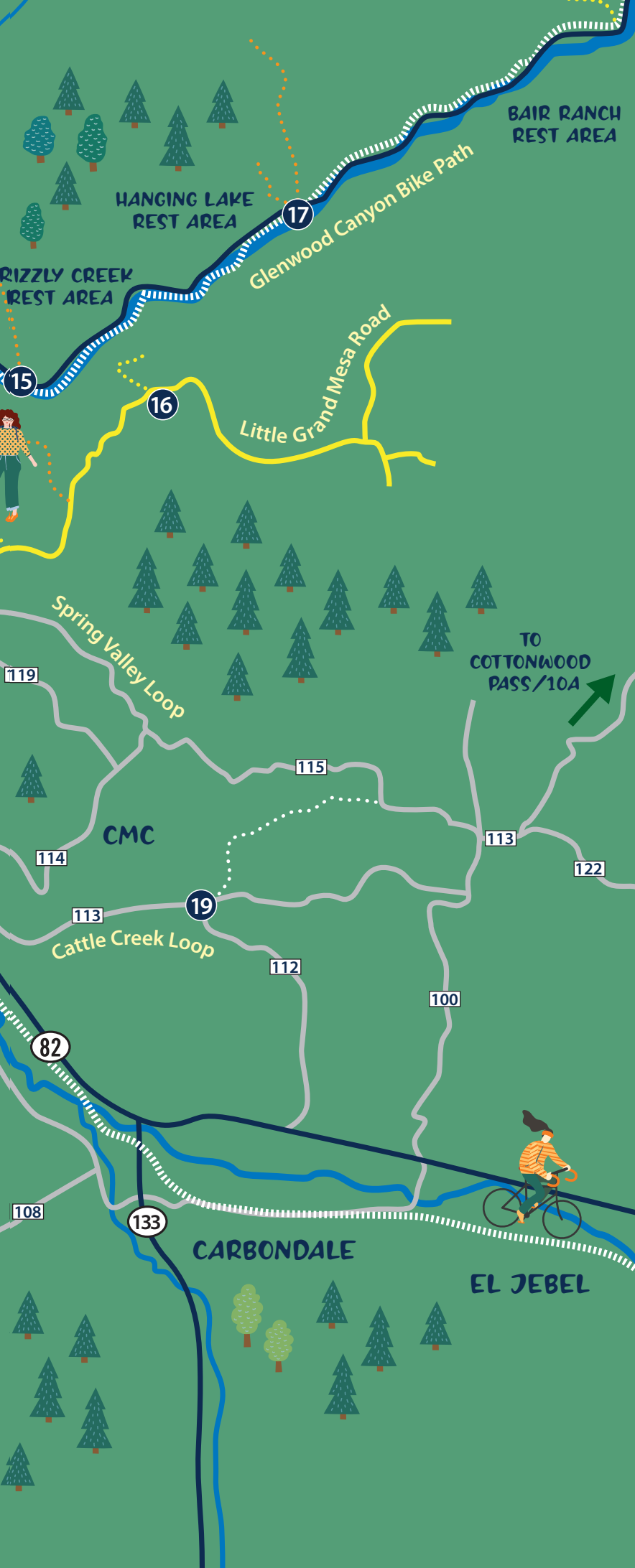
Three Mile Creek Rd

Co Rd. 115 Red Canyon Road

Four Mile Creek Road

SUNLIGHT MOUNTAIN RESORT





TRAIL MAP



TRAILHEAD LOCATIONS

1. Storm King Memorial Trail
2. South Canyon Trails
3. Mitchell Creek Trail
4. Wulfsohn Trail
5. Transfer Trail
6. Jeanne Golay/Red Mountain Trail
7. Grand Staff Trail
8. Rio Grande Trail
9. (Boy) Scout Trail
10. Doc Holliday's Trail
11. Lookout Mountain Road
12. Forest Hollow Trail
13. Glenwood Canyon Bike Path
14. Jesse Weaver Trail
15. Grizzly Creek Trail
16. Hubbard's Trail
17. Hanging Lake Trail
18. Red Canyon Road
19. Fisher Creek Trail

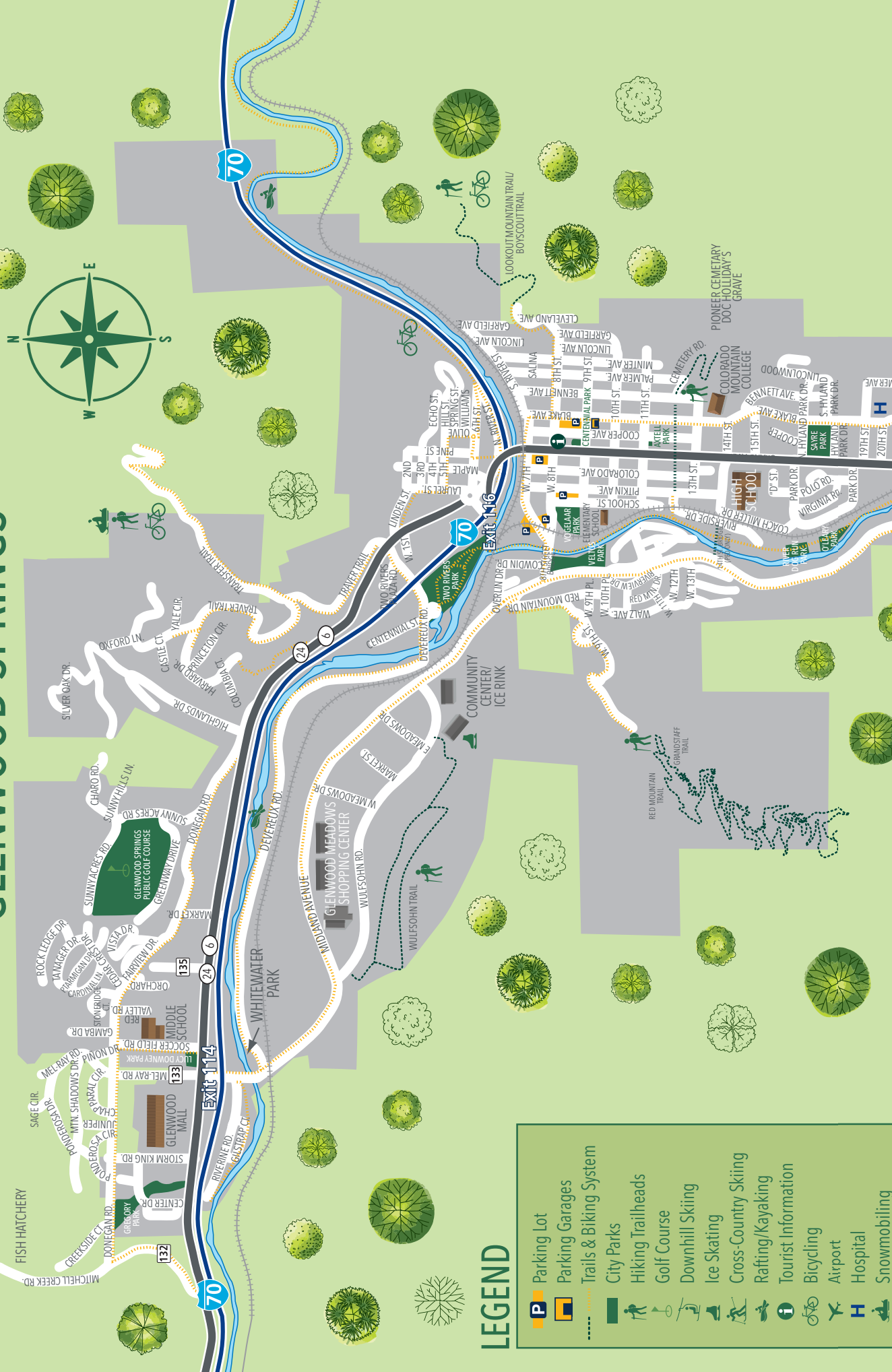
LEGEND

- Highways and interstates
- Solid lines indicate roads
- Dotted lines indicate trails
- Paved bike path

COLOR CODE

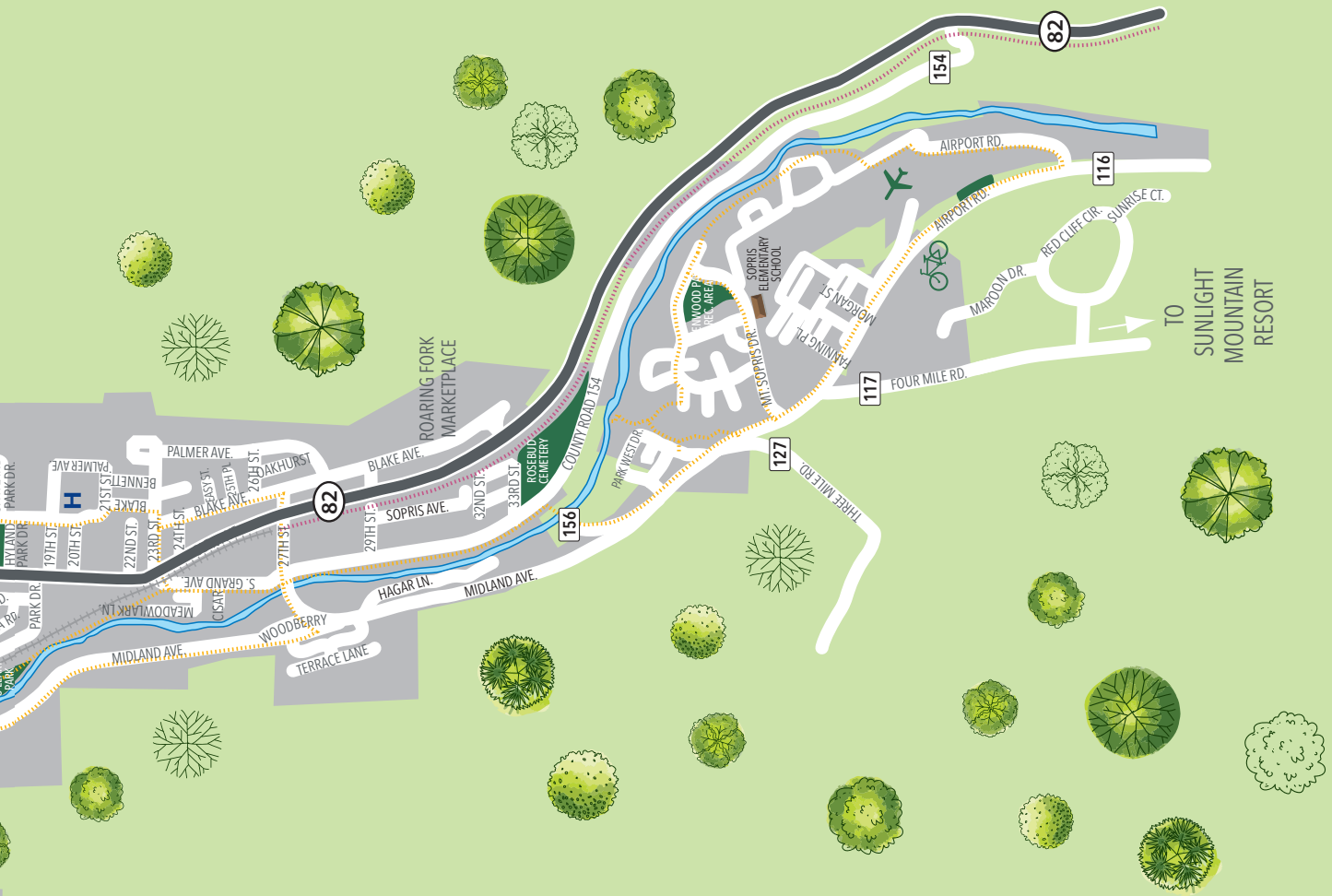
- Easy, beginner
- Moderate, intermediate
- Difficult, expert

CITY OF GLENWOOD SPRINGS



LEGEND

- Parking Lot
- Parking Garages
- Trails & Biking System
- City Parks
- Hiking Trailheads
- Golf Course
- Downhill Skiing
- Ice Skating
- Cross-Country Skiing
- Rafting/Kayaking
- Tourist Information
- Bicycling
- Airport
- Hospital
- Snowmobiling



★ POINTS OF INTEREST

1. Hotel Colorado
2. Glenwood Hot Springs Resort
3. Pedestrian Bridge
4. Train Station
5. Hotel Denver
6. Hotel Glenwood
7. Library
8. Glenwood Springs Historical Society
9. Doc Holliday's grave at Linwood Cemetery



SCENIC DRIVES IN THE AREA

By Savannah Nelson

Glenwood Springs is surrounded by natural beauty waiting to be explored. Canyons, mountain passes, valleys and scenic byways line the pathways in, out and beyond, providing panoramic vistas and incredible drives. Whether it's summer's wildflowers or autumn's golden aspens, these nearby routes offer unbeatable views and plenty of reasons to pull over and soak it all in.

Glenwood Canyon

Just east of town, Interstate 70 winds through Glenwood Canyon—a stunning blend of engineering and nature. Towering sandstone cliffs frame the Colorado River, with plenty of pull-offs to explore on foot.

Independence Pass

Heading south on Highway 82, this seasonal route climbs to 12,095 feet, connecting Twin Lakes and Aspen. Sweeping views and alpine meadows make it an unforgettable high-country experience. The road is narrow and winding, but the payoff—especially in late September—is unmatched.

McClure Pass

Take Highway 133 from Carbondale through the Crystal River Valley, Redstone and the marble quarries of Marble before cresting McClure Pass. In autumn, this is one of the most spectacular aspen drives in the Rockies. Pull off at the summit overlook for a sweeping panorama of Mount Sopris and the Elk Mountains.

Cottonwood Pass

For a peaceful, lesser-known route, follow County Road 113 from El Jebel to Gypsum. This partially paved backroad climbs gently through ranchland, aspen groves and mountain vistas—a perfect slow-paced escape for those seeking solitude.

Flat Tops Trail Scenic Byway

For adventurous travelers, the Flat Tops Trail between Meeker and Yampa covers 82 miles of rugged backcountry. Accessible via Rifle or Meeker, it features shimmering lakes, rolling tundra and abundant wildlife. Prepare for limited cell service; this is pure, peek Colorado wilderness.

Fryingpan Road

Starting in Basalt, Fryingpan Road follows the Fryingpan River through a narrow canyon lined with cottonwoods before climbing toward Ruedi Reservoir. Great for fishing stops, photo ops and tranquil forest views, this is a relaxed and rewarding drive.

Sunlight to Powderhorn Trail

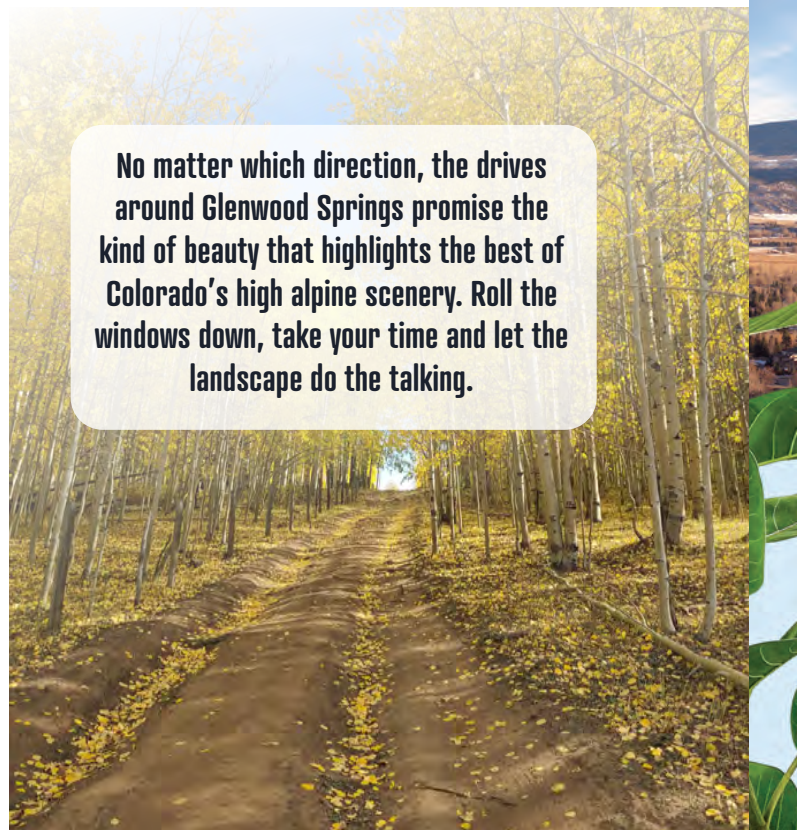
Accessible from Glenwood Springs, this remote gravel route connects Sunlight Mountain Resort to the Grand Mesa region. Expect forest roads, open meadows and sweeping panoramas—best enjoyed in late summer when wildflowers blanket the high country.

West Elk Loop Scenic Byway

This 205-mile route travels through Carbondale, Paonia, Gunnison, and Crested Butte, looping through a diverse mix of canyons, farms and mountain passes. Perfect for a weekend road trip, this byway showcases the heart of Colorado's agricultural and artistic communities, framed by stunning mountain scenery.

New Castle to Buford Road

From New Castle, follow County Road 245 (Buford Road) into the White River National Forest. The route climbs steadily into the Flat Tops region, winding through ponderosa pine and aspen groves. In summer, the meadows explode with wildflowers; in fall, it's a hidden gem for golden foliage, free of crowds.



No matter which direction, the drives around Glenwood Springs promise the kind of beauty that highlights the best of Colorado's high alpine scenery. Roll the windows down, take your time and let the landscape do the talking.



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GLENWOOD'S ANNUAL EVENTS

By Savannah Nelson

GLENWOOD SPRINGS KNOWS HOW TO THROW A PARTY. FROM GENERATIONAL FESTIVALS TO SEASONAL CONCERTS, THIS MOUNTAIN TOWN HAS A VIBRANT CALENDAR OF ANNUAL EVENTS AND CAUSE FOR POMP, CIRCUMSTANCE AND CELEBRATION.

MARK YOUR CALENDARS: THERE'S ALWAYS SOMETHING TO LOOK FORWARD TO IN THIS MOUNTAIN TOWN.



STRAWBERRY DAYS

Each June, Glenwood Springs hosts Strawberry Days, Colorado's longest-running civic festival, dating back to 1898. Held at Two Rivers Park, this summer staple features a downtown parade, local vendors, live music and, of course, free strawberries and ice cream.

It's the perfect kickoff to summer and a beloved generational tradition.



SUMMER OF MUSIC

Throughout summer, Summer of Music brings free live music to Two Rivers Park on Wednesday evenings. Listeners gather as the sun sets over the Roaring Fork and Colorado Rivers, with genres ranging from bluegrass to funk.



RALLYE GLENWOOD SPRINGS

Every June, auto enthusiasts from across the country rev up for the Annual MG Car Club Rallye. First held in 1953, the event kicks off in the Denver area and concludes in Glenwood Springs, where participants showcase their vintage cars and share stories from the open road.



FOURTH OF JULY CELEBRATIONS

Independence Day in Glenwood Springs is a star-spangled affair. Festivities typically include free live music, vendors and activities and a laser show at Two Rivers Park, making for a family-friendly, patriotic affair.



DOWNTOWN MARKET AND FARMERS MARKET

From June through September, the Downtown Market transforms Glenwood's 7th Street into an open-air festival every Tuesday evening, featuring fresh produce, handmade crafts and live music.



OKTOBERFEST

To celebrate Oktoberfest with a bit of Bavarian flair, head to the Glenwood Caverns Adventure Park for their seasonal celebration on Saturdays in September and October. There's live polka music, dancing, food, games and competitions and of course, specialty German beer on tap. Prost!



GHOST WALK

Each October, the Glenwood Springs Historical Society hosts the hauntingly popular Ghost Walk at Linwood Cemetery. Lantern-lit tours lead guests up the hillside to meet costumed actors portraying colorful figures from Glenwood's past—gunslingers, pioneers and early settlers. The half-mile trek offers history, atmosphere and a touch of the supernatural.



HOTEL COLORADO CHRISTMAS LIGHTING CEREMONY

Hotel Colorado kicks off the holiday season on Black Friday each year with decorations inside and out. The historic hotel glows with thousands of lights, while live entertainment, hot cocoa and fireworks ignite seasonal cheer.



NEW YEAR'S EVE AT THE POOL

There's no better way to ring in the New Year than with a moon-lit soak. The Glenwood Hot Springs Pool hosts a festive NYE celebration complete with live music and fireworks.



SKI SPREE

In February, Glenwood Springs celebrates winter with Ski Spree, a spirited weekend of snowy fun at Sunlight Mountain Resort and around town. The festival features family activities, a lively chili cook-off and a fireworks show over the slopes.

THROUGHOUT THE YEAR, GLENWOOD SPRINGS OFFERS A REASON TO CELEBRATE IN EVERY SEASON. THESE FESTIVALS, EVENTS AND CONCERTS REMIND EVERYONE THAT GLENWOOD'S GREATEST TRADITION IS COMMUNITY ITSELF.

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*We feature solid gold and sterling silver; because
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AND COLLECTABLES



GLENWOOD HOT SPRINGS RESORT: A LEGACY OF WELLNESS

By: Glenwood Hot Springs Resort

Photo Credit: Andy Neher

LONG BEFORE COLORADO WAS KNOWN FOR CRAFT BREWERIES AND SKIING, IT WAS KNOWN FOR ITS WATER. IN THE HEART OF THE ROCKY MOUNTAINS, MULTIPLE MINERAL HOT SPRINGS BUBBLE UP FROM DEEP WITHIN THE EARTH TO PROVIDE GATHERING PLACES OF WELLNESS. ONE OF THE LARGEST AND MOST ESTABLISHED OF THESE HOT SPRINGS WELLNESS CENTERS IS IN GLENWOOD SPRINGS. THE ORIGINAL SOURCE SPRING THAT ANCHORS THE HISTORIC TOWN IS AT THE HEART OF GLENWOOD HOT SPRINGS RESORT.

For millennia this source spring has provided a constant flow of naturally heated mineral water, producing over 3.5 million gallons daily. The Ute people called these waters “Yampah,” meaning “big medicine”, and believed they carried powerful healing energy from the earth itself. In the late 1800s, modern engineering enabled harnessing the Yampah source spring and the building of a complex system that created the world’s largest hot springs pool, and eventually the buildings surrounding it.

What began as a vision for a luxurious European-style spa destination for recreation and relaxation, soon became a symbol of Colorado’s promise — the meeting point between rugged adventure, innovative engineering and restorative wellness.

Soak In The History

To understand Colorado’s history is to understand its obsession with outdoor living: wildness and wellness, hard work and deep rest, blue skies and natural spring water, sunshine and snow. Glenwood Hot Springs Resort embodies that balance.

When the original Stone Bath House opened in the late 1800s, wealthy visitors traveled by train from Denver, St. Louis, New York and beyond to be restored in the mineral-rich waters along the Colorado River (then called the Grand River). The Resort’s main pool — at over 400 feet long — was, and still is, the largest hot springs pool in the world. Generations later, guests

continue to enjoy floating in view of the same mountainous horizon that soothed 19th-century visitors who traveled by horseback, stagecoach, and train.

Today, overnight guests can enjoy staying in modern comfort at the Lodge at Glenwood Hot Springs Resort which overlooks the pools on the north side of the Resort. Or they can opt for a more luxurious stay at the recently opened Hotel 1888, located poolside in the original Stone Bath House building. In existence for more than 135 years, the Resort is a tribute to generations of guests who come seeking health, relaxation and connection on the western slope of the Rockies. And it is part of the story of how Colorado transformed from a frontier state into a destination for adventure and wellness.

Photo Credit: Glenwood Hot Springs Resort



Water And Time

The Ute people believed the waters carried spiritual and physical healing. Today, when you step into the hot springs pools, you're connecting with a heritage that predates Colorado statehood. And with ancient people from around the globe who have had a history of wellness that includes water therapy.

The ancient Greeks considered thermal bathing as a treatment against diseases. Influenced by the Greeks, the Romans were the first known to have developed thermaes, vast bath houses throughout the empire where people could soak in pools, steam in saunas, recuperate, revitalize and connect. In Japan, hot springs bathing has a history of more than 2,000 years, with over 27,000 sources of hot springs in more than 3,000 locations, primarily in the mountains. The hot springs have been valued for centuries for their therapeutic properties based on their composition, mineral concentration and temperature. Hot spa-bathing was found to have a positive effect in Japan on mental health, anxiety, stress levels and overall life satisfaction.

There are 15 minerals naturally occurring in the water of the Yampah source spring. In addition to relieving aches and pains, soaking in hot highly concentrated mineral water has several health and wellness benefits. Increasing your body temperature helps naturally eliminate toxins, increase circulation, and reduce blood pressure. Essential minerals can be absorbed through your skin, giving your body a natural health boost. One of the 15 minerals present in the water generated by the Yampah source spring is lithium, which promotes normal brain health and increases serotonin synthesis, for a calming and mood stabilizing effect in most people. Other minerals have their own unique properties, for example: Calcium promotes healthy bone growth. Zinc helps with

proper functioning of the immune and digestive systems. Boron strengthens bones and helps manage arthritis and osteoporosis.

Physical exercise and connecting with nature have a major impact on both physical and mental health and Glenwood Hot Springs Resort combines both. The year-round naturally-heated pools provide an outlet for outdoor exercise, combined with a full-service Athletic Club on property. The Resort is a phenomenal resource for those looking to stay fit and maintain a health routine that doesn't have to be interrupted in the winter months. The Grand Pool at the Resort is larger than a football field and a pleasant place to water walk or swim laps year-round. Yoga and pilates classes, racquetball and handball, cardio machines and weight-training are all accessible at the Athletic Club, and included in an overnight stay at Hotel 1888.

Photo Credit: Glenwood Hot Springs Resort



A Legacy That Connects Generations

Over the decades, Glenwood Hot Springs Resort became a gathering place — for wealthy visitors seeking respite from city life, miners recovering from the high country, soldiers returning from war, families looking for recreation. All seeking connection in the mountains. Now, families return generation after generation. Swim lessons are still offered, just as has been done for almost 100 years. Strawberry Days celebrants spend the day by the pools in June, 4th of July is celebrated as the country's birthday, and also the birthday of the world's largest hot springs pool. That continuity and carrying the torch of tradition is just part of what makes Glenwood Hot Springs Resort a central feature in Colorado and Glenwood Springs history.

IF YOU WANT TO UNDERSTAND COLORADO — NOT JUST SEE IT, BUT EXPERIENCE IT — START HERE. WATCH THE SUNSET OVER THE ROCKIES WHILE YOU LOSE TRACK OF TIME AND LET THE MINERAL WATER

CARRY YOUR WORRIES AWAY. AT GLENWOOD HOT SPRINGS RESORT THE LEGACY OF WELLNESS AND WATER CONTINUES.

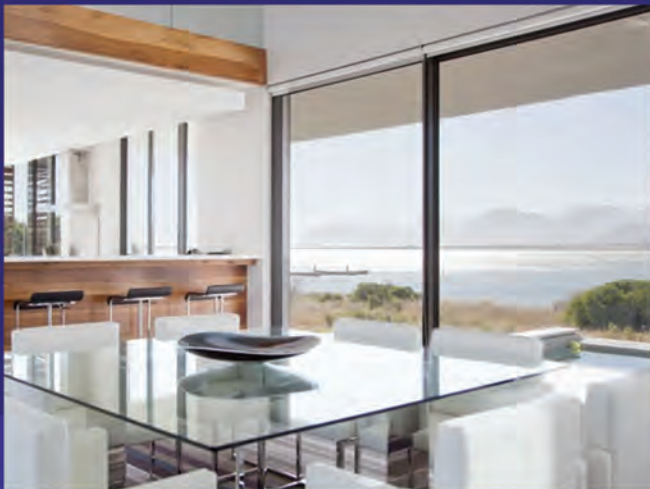
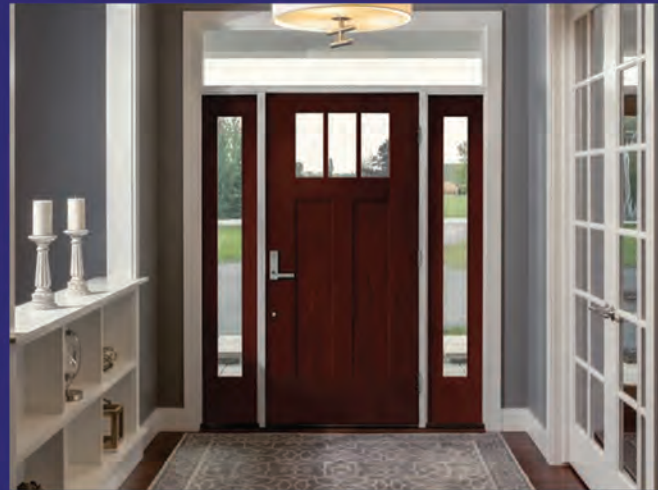


Photo Credit: Glenwood Hot Springs Resort

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REMOVING DRUGS AND SAVING LIVES

By: Walt Stowe

Sixty-five miles of Interstate 70 runs through Garfield County touching five of the six municipalities. Beginning in San Diego, CA, I-15 leads north to the Canadian border. Five hundred seventy-five miles north of San Diego you can exit I-15 onto the beginning of I-70. Interstate-70 is a 2172-mile-long highway completed in 1992 that ends near Baltimore, Maryland.

Traveling east on I-70 you will cross Garfield County's western boundary approximately 287 miles after exiting I-15. For the next 65 miles you will be in Garfield County passing the city of Rifle, one of six municipalities in Garfield County and a gateway north towards Steamboat Springs via Colorado Highway 13. Later you will pass Glenwood Springs, a gateway south to Aspen and Snowmass using Colorado Highway 82.

The I-15/I-70 corridor is a major traffic path for illegal drugs and other contraband. Law Enforcement Officers in our area are diligent in their pursuit of illegal drugs and the criminals who transport them to and through Garfield County.

They work with the SPEAR (Special Problems Enforcement And Response) Task Force, a multi-jurisdictional task force based out of Garfield County.

The Garfield County Sheriff's Office (GCSO), the Rifle Police Department (RPD), Silt Police Department (SPD), Drug Enforcement Administration (DEA), Homeland Security Investigations (HSI), the U.S. Marshals Service and other Federal Partners are all part of SPEAR.

SPEAR reports that during the first six months of 2025, 4217 Fentanyl pills, three grams of fentanyl powder, 1655 grams of Methamphetamine, 3820 grams of cocaine, (see photo) 4 grams of Heroin, 29,695 grams of marijuana, 525 grams of Psilocybin mushrooms and a handful of illegally possessed prescription pills were seized.

In late 2024 SPEAR was involved in several drug busts, two of the larger and more impactful busts netted approximately 222,360 counterfeit OxyContin pills, believed to contain fentanyl with a street value of \$2,668,320.00 and 28,500 Hydrocodone pills with an estimated street value of \$285,000.00. (see photos)

Multiple arrests have been made during that time, including over 30 that had felony charges directly related to drug trafficking. It should be emphasized that these are not just "punks" selling dime bags of weed. These are serious busts where hard drugs are confiscated, drugs that could cause serious addiction issues and/or death.



OxyContin Pills seized in one bust



Hydrocodone pills seized in a joint operation



3 "kilo-size" bags of cocaine

Law Enforcement Officers in Garfield County will continue to remove drugs from our highways and municipalities whenever possible in order to protect our communities and keep our residents and visitors safe. We cover a 65 mile stretch of a 3600-mile corridor that stretches from San Diego to Baltimore (less than 2%) but we will continue to fight the good fight and do our part to control drug trafficking in our area.

HIGH ROLLING ON A BUDGET IN THE ROARING FORK VALLEY

By Savannah Nelson

For many, the concept of Aspen and the Roaring Fork Valley might conjure images of jet-setters, five-star ski lodges and champagne après-ski scenes. But there's another side to the RFV: a seasonally savvy, locally loved and surprisingly affordable one.

Between shoulder-season specials, Colorado resident discounts and year-round value stays, luxury can be surprisingly attainable in the Roaring Fork Valley. Whether you're craving a fall foliage retreat, a spa escape or a cozy winter staycation, here's how to "high roll" without breaking the bank.

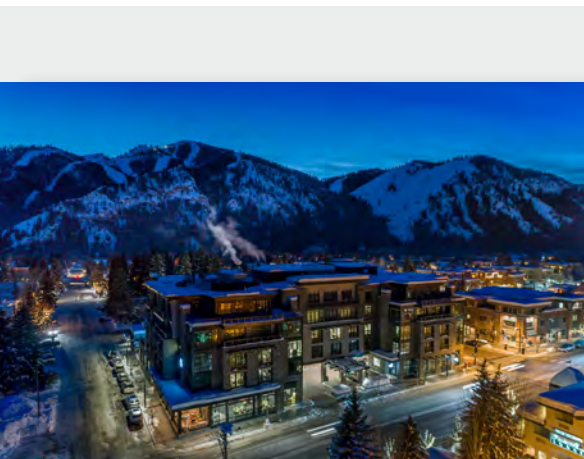


Photo Credit: Limelight Hotels



Photo Credit: The Gant Aspen

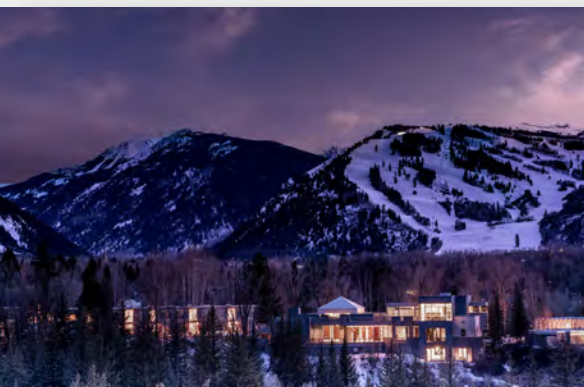


Photo Credit: Aspen Meadows

Limelight Hotels (Aspen & Snowmass)

At the Limelight Aspen and Limelight Snowmass, Colorado residents can save up to 30% off on select room types, with complimentary parking included—a perk that's especially appreciated downtown. Rates start around \$250–\$350 per night, depending on the property and season.

For late-summer or early-fall travelers, the Golden Hour package offers even more savings: 30% off stays of three nights or longer, a welcome gift, daily breakfast and a \$100 food and beverage credit—perfect for lingering over a mountain-view brunch or an après-ski cocktail.

Don't skip The Lounge Happy Hour—in Aspen, that means \$15 house cocktails and \$6 Limelight Lagers from 3–6 p.m., while in Snowmass, locals sip \$10 margaritas and \$6 craft beers between 4–6 p.m. It's a rare chance to enjoy a five-star atmosphere with a local's tab.

The Gant Aspen

A favorite among returning visitors, The Gant proves that Aspen's luxury doesn't always have to come at a luxury price. With its Guaranteed Get-away offer (30% lodging discount) and Season Pass Holders Special (25% off specific dates for ski pass holders, including Aspen Snowmass, Mountain Collective or IKON), guests can access prime lodging for less.

Another perk is the Gant Crafted Experiences—locally led workshops, tastings and guided adventures designed to connect guests to Aspen's creative spirit. This year's highlight, Rolling Canvas: Art in Motion, transforms the resort's fleet of vans into moving works of art by four local artists.

Aspen Meadows Resort

A modernist haven tucked into Aspen's quiet West End, Aspen Meadows Resort brings high design and holistic wellness into an accessible package. Colorado residents receive 20–25% off select dates; with the discount, rates during the off-season are from \$319/night.

The on-site restaurant, West End Social, turns après hour into an art form. During shoulder season, the Après Menu shines with deals like \$14 wines by the glass, \$12 martinis on Mondays and "Bottle and Boards" Wednesdays—pairing wine with charcuterie at a steal.

Wellness seekers will appreciate new barrel saunas and recovery programming, which can best be taken advantage of in the offseason, plus free in-room Three Sages programming (yoga and breathwork). Complimentary Hyperice recovery kits and Hydrow workout equipment allow guests to curate a personal spa experience from their suite.

There are also pickleball, padel and tennis courts, which are much easier to use during slower times. And the resort always has a fleet of bikes for guest usage, perfect for zipping into town or along the Rio Grande Trail.

Aspen Square Condominium Hotel

Sometimes value means simplicity. At Aspen Square Condominium Hotel, the hotel skips the seasonal promo codes in favor of consistently reasonable pricing, especially midweek in the off-season. With full kitchens, fireplaces and a prime location in the heart of town, it's one of Aspen's quietest value wins.

W Aspen

For those who crave a high-energy stay, W Aspen delivers with modern flair and mountain views—often at prices far below peak-season norms. Off-season rates start around \$399 per night, with an additional 20% discount for stays of four or more nights. For the best available staycation rates (keep an eye out!), guests are encouraged to check out the latest offers online.

Locals are rewarded, too: from October through late November, Roaring Fork Valley locals (Aspen through Parachute) enjoy 20% off all food and beverages with a local ID.

When ski season begins, W Aspen's "Ski and Stay" package bundles lift tickets and lodging for one-stop winter luxury.

Mollie Aspen

MOLLIE brings boutique style and minimalist beauty to Aspen's lodging scene, offering a more design-forward but approachable experience. Fall nightly rates start at \$224 in September, with two popular promos: Colorado Residents Rate (promo code COLO at time of booking) and Weekday Wanderlust (promo code MOLLIE), both offering up to 30% off on Sunday-Wednesday stays.

While the hotel's restaurant transitions this winter to become Petit Trois' newest outpost, guests can enjoy the serene Scandinavian-inspired interiors and thoughtful amenities that make MOLLIE a chic yet practical stay.

St. Regis Aspen

In Aspen, a standout luxury parent of the valley is The St. Regis Aspen Resort, located at the base of Aspen Mountain. This resort delivers mountain elegance with signature St. Regis rituals—from the daily champagne sabering to the Afternoon Tea in its refined lounge spaces.

While peak-season nightly rates can be steep, savvy visitors can find better value in the shoulder seasons—for example, booking a mid-week stay in October or May, when deals tend to surface.

For a more budget-conscious stay, travelers can still enjoy standout amenities such as the Remède Spa (complete with steam caves, hot tubs and alpine treatments) and the heated outdoor pool with a fire-pit terrace.

Viceroy Snowmass

At Viceroy Snowmass, Thanksgiving rates hover around \$380 per night, dropping further for locals with a 20% discount, remaining one of the valley's most beloved for its balance of sophistication and slopeside convenience.

Timberline Condominiums

For travelers seeking slopeside comfort with a homey twist, Timberline Condominiums offers ski-in/ski-out access and early season pricing starting at \$256 per night between November 27 - December 12, making it an excellent option for an early season staycation to take advantage of early season lift ticket rates.

At the on-site Edge Restaurant, the daily *Après Ski* runs from 4-5 p.m., featuring discounted drinks and a rotating special cocktail.



Photo Credit: W Hotel Aspen



Photo Credit: Nicole Franzen



Photo Credit: The Gant Aspen



Photo Credit: Limelight Hotels



Photo Credit: Jason Dewey



Photo Credit: Limelight Hotels



Photo Credit: Glenwood Hot Springs Resort



Photo Credit: Glenwood Hot Springs Resort

The Villas at Snowmass Club

If your dream escape includes mountain views and resort amenities, The Villas at Snowmass Club delivers a sweet spot between comfort and luxury. Fall rates (through mid-December) start around \$343 per night, heavily discounted from the winter rates that start at \$940 per night.

The Hoffmann Hotel Basalt, Tapestry Collection by Hilton

New to the valley's hospitality scene, The Hoffmann Hotel in Basalt offers some of the most wallet-friendly rates around—\$149 per night during off-season windows (mid-October to early December, and again from mid-April to June 1).

Add in a stellar happy hour, half off “apps and taps”—appetizers, beer, and wine from 4–6 p.m.—and you’ve got one of the best deals in the Roaring Fork Valley.

Avalanche Ranch Cabins & Hot Springs

Down the road in Carbondale, Avalanche Ranch remains a local favorite for its rustic beauty and unbeatable soaking experience. Day passes to the scenic hot springs are \$34 for a four-hour soak, while overnight stays in cozy wagons start at \$140 per night—a rate that includes full hot springs access from check-in to check-out.

Wellness fans can take advantage of the Massage and Soak Package year-round: \$162 for a 50-minute massage and a four-hour hot springs session.

Hotel Colorado

Grand, historic and ideally situated, Hotel Colorado remains a cornerstone of Glenwood Springs' staycation scene. Weekday nights (Sunday–Thursday) offer the lowest rates, allowing guests to enjoy elegant accommodations without the weekend crowds.

The on-site Baron's Restaurant features a beautiful dining room with an indoor waterfall, and the cozy Polo Lounge offers a full bar and comfortable seating. Guests can enjoy an array of signature breakfast, lunch and dinner dishes from Executive Chef Terry Allen. He and his team offer an elevated dining experience from local and regional seasonal offerings in a family-friendly environment.

Legends Coffee Shop, located in the lobby, offers a more budget-friendly option in the morning with barista-prepared hot and cold drinks and a nice selection of pastries. At lunchtime, two people can each order a cup of the soup du jour and split one of the hearty sandwiches for a quick and more affordable meal. The Polo Lounge at Hotel Colorado offers a daily happy hour from 4–6 p.m., with rotating food and drink specials.

Hotel 1888

In Glenwood Springs, a stylish new boutique lodging option recently debuted: the Hotel 1888 at Glenwood Hot Springs Resort, located within the historic Stone Bath House.

With just 16 guest rooms, Hotel 1888 brings an intimate, design-forward feel to a landmark hot-springs destination. Guests enjoy unlimited access to the resort's seven mineral-rich pools, complimentary breakfast in the 1888 Bistro and access to the on-site Athletic Club.

Making the Most of the Off-Season

Between leaf-peeping season and early ski openings, fall and spring offer some of the Roaring Fork Valley's best-kept secrets. Travelers can book upscale accommodations at a fraction of peak prices, while locals can enjoy their favorite properties crowd-free.

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RESTAURANT REVIEW: EURO ITALIAN UNDERGROUND

By: Amy Bradley

The Italian Underground has been a dining destination in Glenwood Springs since the 1980s. Its small, cozy, below ground environment is intimate and classic – a European vibe with charm and warmth. This past year it has been taken over by Agnieszka (Angie) Stanford, a native Polish entrepreneur new to Glenwood Springs from Chicago. For years, Angie visited Glenwood Springs for ski and hot springs family vacations and on one such visit, she discovered the Italian Underground was for sale. It felt like a sign and she chose to dive in and buy the business, giving it new life and a slightly new name: The Euro Italian Underground, allowing room for other European cuisine influences including her native Poland. Dishes such as pork schnitzel now share the menu with classics like spaghetti bolognese.



Angie has been running the Euro Italian Underground since September of 2024 and has a crew that feels like a second family, referring to herself as a fellow team member rather than a boss. She is an impressive single mother that values hard work, honesty and mutual respect from her employees as well as herself. Not to mention she makes some of the best cheesecake I've ever had in my life! But we'll get back to that.

When first sat, we were warmly greeted with baked bread with olive oil and butter options. Now, while this is standard at many restaurants and it may seem like a small thing, I have to say that this was THE best butter I have ever had. It tasted light and whipped with a garlic note that was so fabulous. A potentially silly thing to rave about, I nevertheless needed to mention it because do NOT skip it! For our first course we started with a sampler appetizer platter that included battered sweet potatoes and mushrooms with a soft herb cheese with a red sauce for dipping. It also came with classic mozzarella sticks which are always a cheesy tasty bite. This trio was joined on the appetizer menu by traditional items such as bruschetta and calamari, favorites of mine, making it hard to choose. Next we shared the classic lasagna and the European platter, opting to try one classic Italian dish and one of the newer blended European dishes. The platter included a potato cake, meatballs in red sauce, Italian sausage, buttery mashed potatoes and sauerkraut. It was a great blend of flavors and styles that worked really well together in a slightly unexpected way. I am a big sauerkraut fan and having it with the rich sausage and potatoes was a nice pop of acid. Our other main dish was the lasagna which was a cheesy delight that hit the spot. But we of course, were saving room for the dessert.

To elaborate on the aforementioned cheesecake: these home baked creations are a more European style and less sweet than many traditional American desserts. Both the pistachio and the classic are not sugar bombs, but just the perfect level of decadence after a heavy Italian meal and are complimented perfectly by a nice shot of espresso.

I highly recommend this restaurant for a cozy date night, a family get-together or simply a solo night of decadence. Angie and her staff are warm and welcoming, making sure you leave happy. They'll be seeing me again!



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1908 Grande Avenue
970-945-9133
19thStreetDiner.com

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208 6th Street
970-230-9524
AnniesCafeAndBakery.com

At Annie's Cafe & Bakery, our passion for baking started in our grandmother's kitchen. Fresh coffee, bread and pastries daily. Gluten-free options. Closed Monday. Open Tuesday – Sunday, 8am – 2pm.

BLUEBIRD CAFE



730 Grande Avenue
970-973-3626
BlueBirdCafe.com

This is a great spot for breakfast or lunch with a large menu to choose from.

BRAVA



809 Grand Avenue, Unit 4
970-930-6099
facebook.com/pages/Trattoria-Bra-
va/1713273675350664

As Glenwood Springs favorite modern Italian restaurant, Brava is focused on house made Italian cuisine. For mouth-watering specialties, try the Brasato or Saltimbocca. Nightly specials include seafood and locally-sourced meat entrees, all served with homemade focaccia bread, an array of scrumptious wines, and let's not forget the limoncello.

BUMBU ASIAN FOODTRUCK



210 8th Street
970-930-5166
BumbuFoodTruck.square.site

This foodtruck is a permanent feature in the downtown area and makes incredible food out of this micro kitchen. It's quick and delicious for a work lunch.

CASEY BREWING



711 Grand Avenue
970-230-9485
CaseyBrewing.com

Casey brewing and taphouse makes some of the best sour beers in the country. While they do not serve food, they do allow food to be brought in and they are positively surrounded by Glenwood restaurants!

CHILI'S



400 West Meadows Drive
970-384-1700

A staple all over the country, this is a great spot when you're traveling and want something familiar and fast.

CHINATOWN



2830 S. Glen Avenue
970-945-0307
ChinaTownGlenwoodSprings.com

This menu is huge! Noodle dishes, rice dishes, protein and veggie dishes.

CHOMPS DELI



216 6th Street
970-945-9355
ChompsDeli.com

Italian subs, pastrami, eggplant for the vegetarians . . . a great spot for a quick lunch or picnic to go.

CO RANCH HOUSE



704 Grande Avenue
970-945-9059
CoRanchHouse.com

An excellent array of steaks and sides, this place is a great spot for any assortment of guests.

DAILY BREAD

Daily Bread

729 Grande Avenue
970-945-6253

From Scandinavian eggs benedict to Polish Sausage, this place is a super fun breakfast spot. Skillet, French toast, gluten-free options . . . both your sweet and savory cravings will be filled.

DEJA BREW & SUNSHINE TOO



1101 Grand Avenue
970-945-9336
DejaBrewGlenwood.com

At Deja Brew, we try to do the right thing one cup at a time. We do it for us, for our community, and for the world. Locally roasted organic fair trade single-origin beans.

DOC HOLLIDAY'S SALOON + RESTAURANT



724 Grand Ave
970-945-2388
Springs.Bar

Wild West Saloon with American Style Cuisine. Discover our establishment beneath the iconic neon pistol sign of Doc Holliday's Saloon and Restaurant. Indulge in a diverse American-style menu, savor an unmatched

selection of tap beers, immerse yourself in Western-style decor and memorabilia, and catch the game on our Sports TVs, all within a welcoming family-friendly ambiance.

EL TAPATIO



710 Grande Avenue
970-945-1577

ElTapatioFamilyRestaurants.com

Mexican food for the soul, this menu will keep the family happy with familiar favorites full of flavor!

EURO ITALIAN UNDERGROUND



715 Grand Avenue
970-945-6422

EuroItalianUnderground.com

Euro Italian Underground is a favorite spot for locals – and also for all of our visitors from out of town. Hand-crafted dishes made from scratch daily featuring not just Italian but a variety of European dishes such as potato pancakes and schnitzel. Save room for the incredible desserts as well or an after-dinner espresso.

EVEREST NEPAL RESTAURANT



35 Market Street
970-945-9233

EverestNepalRestaurant.com

Welcome to Everest Nepal where culture and cuisines collide! A land of colorful diversity, in its culture, and its cuisine..

FRIDA AUTHENTIC MEXICAN FOOD



1814 Grande Avenue
970-230-9492

FridasGlenwood.com

This Mexican cuisine restaurant is located on the second story with mountain views while enjoying all your favorite items and margaritas.

GLENWOOD CANYON BREWPUB



402 7th Street
970-945-1276

GlenwoodCanyonBrewpub.com

Experience the creativity and craftiness of our award-winning brews at the Brewpub while choosing from ten wonderfully diverse beer styles that will meet your palate no matter the season. We know not everyone is a beer drinker, so we offer wine, spirits, hand-made cocktails, and cider as well. Whether you're visiting for the first time or you're here often, stop in soon and enjoy any of our year round and seasonal, hand-crafted beers or other offerings.

GLENWOOD VAUDEVILLE REVUE



915 Grand Avenue
970-945-9699

GVRShow.com

The Glenwood Vaudeville Revue Holiday Show is a two hour family fun dinner theater show with professional talent performing a variety of comedy skits, jokes, high energy dance numbers, unique novelty songs and original comedic presentations that are guaranteed to entertain, and help you laugh your worries away; and all this while you savor a meal prepared by many of the Glenwood Springs best restaurants.

GRIND



701 Grand Avenue
970-230-9258

GrindGlenwood.com

Organic Grass-Fed Burgers, Craft Beer & Cocktails in Glenwood Springs. Local's favorite!

HIMALAYAN CUISINE



115 6th Street
970-973-1075

Himalayan-Cuisine.com

Welcome to Himalayan Cuisine, where culinary artistry meets the essence of Nepal. Nestled in the heart of Glenwood Springs, Colorado, our restaurant offers an unparalleled dining experience that blends the authentic flavors of Nepal with contemporary fusion creations. From timeless classics to innovative dishes, every plate is a celebration of tradition, quality, and creativity.

HOTEL COLORADO RESTAURANT AND BAR



526 Pine Street
970-945-6511

TheHotelColorado.com

Hotel Colorado Restaurant and Bar features an array of breakfast, lunch, and dinner options that will delight your senses (and your taste buds). You will find an elevated culinary experience from casual to upscale in a family-friendly environment. You can also expect to find an exceptional selection of beer, wine, and hand-crafted cocktails. Don't forget, you can also enjoy lunch and dinner in our courtyard (open seasonally and weather permitting). We also offer a Daily Happy Hour from 4pm to 6pm which includes specialty appetizers as well as \$2 off all well cocktails, domestic beer and house wine.

HUGO'S AMERICAN CUISINE



1605 Grand Avenue
970-230-9761

HugosRestaurantgws.com

Our menu features dishes assembled from the freshest ingredients, sure to bring bold and inspiring flavor into your life.

JIMMY JOHN'S



1331 Grand Avenue
970-230-9044

JimmyJohns.com

The flavor of premium meats, combined with fresh baked bread and hand-sliced veggies is what makes a Jimmy John's sandwich your go-to lunch or any-occasion option. A large variety of sandwiches ensures there is something for everyone! Try their new sides as well.

JUCY LUCY'S



970-945-4619

JuicyLucySteakhouse.com

Located in historic downtown Glenwood Springs, Juicy Lucy's Steakhouse mixed the old with the new in the iconic 7th Street building that was constructed in the late 1800's. Delicious steaks with an assortment of sides make this menu a great spot for a date night or family gathering. Enjoy their desserts and extensive cocktail menu as well!

MASALA & CURRY



730 Cooper Avenue
970-945-9898
MasalaAndCurry.com

Our quaint and cozy restaurant is located in the heart of beautiful and historic downtown Glenwood Springs, Colorado. We combine simple and elegant spices from Nepal and India, resulting in dishes rich in flavor as well as culture.

MI MEXICO FAMILY RESTAURANT



3116 Blake Avenue
MiMexicoRestaurant.com

Experience the true essence of Mexican cuisine at Mi Mexico restaurant. Savory flavors that transport you to Mexico! From tasty margaritas to excellent guacamole and queso with all your favorite dishes, you'll leave full and satisfied.

MING MODERN ASIAN



721 Grand Avenue
970-230-9299
Elevate your Asian dining experience at Ming Modern Asian featuring sushi and southeast Asian cuisine.

PULLMAN



330 7th Street
970-230-9234

The Pullman offers up a fun menu full of modern American cuisine with inspiration from many other parts of the world.

RIVIERA SCRATCH KITCHEN



702 Grand Avenue
970-945-7692
RivieraGlenwood.com

Welcome to Riviera Scratch Kitchen, a community gathering place and winner of 20 Locals' Choice Awards including Best Restaurant, Best Community Oriented Company, Best Place to Take a Date and Best Chef. We serve unique and seasonal scratch food Wednesday through Sunday!

ROCKY MOUNTAIN PIZZA



205 8th Street
970-230-9695
RockyMountainPizzaGWS.com

Creative pizza served whole or by the slice.

SACRED GROUNDS



725 GRAND AVENUE
970-230-9240

Coffeehouse featuring a wide variety of bagels, baked goods and breakfast favorites.

SLOPE & HATCH



208 7th Street
970-230-9652

SlopeAndHatch.com

Come down to this counter-service spot for some incredible tacos and gourmet hot dogs! A fun variety of flavors to choose from make this a fun spot for a quick bite.

SMOKE MODERN BBQ



713 Grand Avenue
970-230-9796
SmokeModernbbq.com

Is there a rule that says great barbecue has to come from a shack? Because that's the last word to describe our contemporary dining rooms, vibrant bars or inviting summer patios. And it doesn't begin to tell the story of a menu that's heavy on BBQ, brown liquor and southern comfort foods! We pay homage to the classics in a way that's authentic and true – yet thrillingly new.

SPRINGS DOWNTOWN BAR AND GRILL



722 Grand Avenue
970-945-2388

Springs.bar

Springs Bar boasts an authentic Old West, family-friendly atmosphere with an antique safe, cash register, and a 1885-vintage bar as its centerpiece.

Adorned with Western memorabilia, the bar offers classic American cuisine like the local's New York Steak Sandwich and Spring's Nacho Mountain. Join us to catch your favorite sports on multiple TVs while choosing from our selection of 24 beers on tap.

STONEYARD DISTILLERY TASTING ROOM



823 Grand Avenue
970-456-1825
StoneyardDistillery.com

Enjoy a cocktail, taste our products and purchase bottles.

SUPER TACO



820 Grand Avenue
970-945-0472
SuperTacoGlenwood.com

Our authentic Mexican dishes are inspired by our family traditions using quality ingredients prepared to your satisfaction. Visit us at downtown Glenwood Springs.

SWEET COLORADOUGH



2430 S. Glen Avenue
Second location 101 W. 6th Street
970-230-9056
SweetColoradough.com

Breakfast, lunch and coffee haven. Local's flock here. Made from scratch!

TAQUERIA EL NOPAL



2902 Glen Avenue
970-945-7311
TaqueriaNopal.com

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TEQUILA'S MEXICAN RESTAURANT



132 W 6th Street

970-384-1588

Glenwood.TequilasLocations.com

Welcome to Tequila's Family Mexican Restaurant, where authentic flavors come to life in every bite. We are a family-owned restaurant, passionate about bringing the best of Mexican cuisine to your table. Our menu features an extensive selection of fresh and traditional dishes, all made with love and traditional recipes. In addition to our delicious food, Tequila's is also home to a full-service bar, serving up the best Margaritas, Cervezas, and over 100 tequilas. Whether you're in the mood for a refreshing cocktail or a cold beer, our bar has something for everyone.

ZHENG ASIAN BISTRO



35 Market Street, Unit C

970-928-9077

ZhengBistro.com

Serving award winning Asian-inspired cuisine since 2002! Our ingredients are of the highest quality, we use only fresh vegetables and no msg ever. Each dish is made per order allowing us to cater to all dietary needs. Want it extra spicy? No problem. Hate bell peppers? No problem. Traditional wok cooking allows our chefs to add or take away ingredients from any dish to make it just the way you want it. Come explore dishes from all over Asia. Best Happy Hour in Town!



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anniescafeandbakery.com

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Kaleidoscoops.com

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sweetcoloradough.com

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1001 Colorado Avenue
970-945-4448
GlenwoodHistory.com

Glenwood Caverns Adventure Park
51000 Two Rivers Plaza Road
970-945-4228
GlenwoodCavernsAdventurePark.com

Glenwood Hot Springs Resort
401 N. River Street
800-537-7946

Hookers Flyfishing Shop
719 Grande Avenue
970-945-9611
FlyfishHookers.com

Iron Mountain Hot Springs
281 Centennial Drive
970-945-IRON (4766)
IronMountainHotSprings.com

Whitewater Rafting LLC
2000 Devereux Road
970-945-8477
ColoradoWhiteWaterRafting.com

AUTOMOTIVE

Grease Monkey
3106 South Glen Avenue
970-945-5015
GreaseMonkeyAuto.com

BAKERIES

Annie's Cafe & Bakery
208 6th Street
970-230-9524
AnniesCafeandBakery.com

Sweet Coloradough
2430 South Glen Avenue, 2nd location:
101 West 6th Street
970-230-9056
SweetColorado.com

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Contour Body Aesthetics
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970-355-4897
ContourBodySpa.com

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970-945-6511
HotelColorado.com

Sacred Grounds Coffee House
725 Grand Avenue
970-230-9240

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Hotel Colorado
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970-945-6511
TheHotelColorado.com

Residence Inn by Marriott
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970-928-0900
Marriott.com/hotels/travel/resi-
dence-inn-glenwood-springs

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1512 Grande Avenue
970-945-5112
MurrayDG.com

Rivers Dentistry
60 S. 8th Street #201 Carbondale
970-963-3013
Rivers-Dentistry.com

DRUGSTORE

Downtown Drug Pharmacy & Gift Shop
825 Grand Avenue
970-945-7987
DowntownDrug.com

FINE JEWELRY

Fine Things Jewelry & Collectables
210 Sixth Street
970-945-5222
FineThingsJewelryCollectables.com

FLY FISHING

Hookers Flyfishing Shop
719 Grande Avenue
970-945-9611
FlyfishHookers.com

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311 8th Street
970-945-8137
HighCountryGems.com

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114 6th Street
970-945-1552
BlueSkySki.net

Bullocks Western Wear
732 Grand Avenue
970-945-9175
BullocksGlenwood.com

Dancing Bear Trading Post
727 Grand Ave
970-230-9102
DancingBearTradingPost.com

Downtown Drug Pharmacy & Gift Shop
825 Grand Avenue
970-945-7987
DowntownDrug.com

Elizabeth Dean Boutique
717 Grand Ave
970-945-9075
[https://www.instagram.com/elizabeth-
deanboutique/](https://www.instagram.com/elizabeth-deanboutique/)

Fine Things
210 6th St
970-945-5222
FineThingsJewelryCollectables.com

Glenwood Toys & Gifts
801 Grand Ave
970-945-1141
GlenwoodToy.com

Gearhead Outfitters
205 6th Street
970-945-6994
GearheadOutfitters.com

Goodz
816 Grande Avenue
970-945-9778
GoodzStore.com

High Country Gems & Minerals
311 8th Street
970-945-8137
HighCountryGems.com

Hookers Flyfishing Shop
719 Grande Avenue
970-945-9611
FlyfishHookers.com

Sioux Villa Curio
114 W 6th Street
970-945-6134

HOME DESIGN/FLOORING/WINDOWS

Flooring America
1414 Grand Avenue
970-928-7283
GlenwoodSpringsFA.com

Window World Grand Junction
2484 Commerce Blvd Unit 3, Grand Junction, CO 81505
970-250-0851
WindowWorldGrandJunction.com

HOT SPRINGS

Glenwood Hot Springs Resort
401 North River Street
970-947-2955
HotSpringsPool.com

Iron Mountain Hot Springs
281 Centennial Street
970-945-4766
IronMountainHotSprings.com

Mount Princeton Hot Springs Resort
15870 County Road 162, Nathrop
719-395-2447
MtPrinceton.com

INSURANCE

Colorado Farm Bureau Insurance-
Blaine Zulian
129 W 3rd St, Rifle, CO 81650
970- 625-1496
<https://cfbinsurance.com/agent/co/garfield/rifle/blaine-zulian/>

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970-200-2222
WesternSlopeLaw.com

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970-384-2337

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970-456-1825
StoneyardDistillery.com/glenwood-springs/

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ContourBodySpa.com

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OUTDOOR RETAILERS

Blue Sky Bike & Ski
114 6th Street
970-945-1552
BlueSkySki.net

Gearhead Outfitters
205 6th Street
970-945-6994
GearheadOutfitters.com

Glenwood Springs Outdoors
831 Grande Avenue
970-945-1060
GlenwoodSpringsOutdoors.com

ORAL SURGERY & DENTAL IMPLANTS

Murray Dental Group
1512 Grand Ave #202
970-945-5112
MurrayDG.com

Roaring Fork Oral Surgery
406 S. Hyland Park Dr. #B
970-945-9644
RoaringForkOralSurgery.com

REAL ESTATE

Konnie Krahn-Prosence – Coldwell
Banker Mason Morse
konnie@masonmorse.com
970-366-3511

Mason Morse
1614 Grand Avenue
970-928-9000
MasonMorse.com

Roaring Fork Sotheby's International Realty
150 West Meadows Drive
970-366-3511
SothebysRealty.com

RENTALS

Bethel Party Rentals
5447 Co Rd 154
970-947-9700
BethelPartyRentals.com

SHOES

Treadz
812 Grand Avenue
970-928-0620
TreadzShoes.com

TATTOOS

Spyder Rose Tattoo
821 Grand Ave
970-945-8909
SpyderRoseTattoo.com

TESLA CHARGING STATION

Residence Inn by Marriott
125 Wulfsohn Road
970-928-0900
marriott.com/hotels/travel/egeri-residence-inn-glenwood-springs/

TRANSPORTATION SERVICE

High Mountain Taxi
970-925-2282
HMTaxi.com

Roaring Fork Transportation Authority (RFTA)
970-925-8484
RFTA.com

VINEYARD – WINE TASTING / WINE COUNTRY GETAWAY

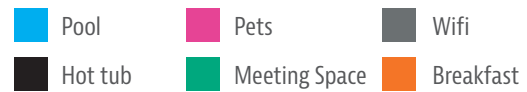
Grande River Vineyards
787 Grande River Drive, Palisade
970-464-5867
GrandRiverVineyards.com













Wine Country Inn
777 Grande River Drive, Palisade
970-464-5777
WineCountryInn.com

WHITEWATER RAFTING & RAFT TRIP OUTFITTERS

Whitewater Rafting LLC
2000 Devereux Road
970-945-8477
ColoradoWhiteWaterRafting.com

LODGING



	Name	Location	Phone	Website
	Best Western Antlers ■ ■ ■ ■ ■	171 West 6th St	970-945-8535	GlenwoodSpringsAntlers.com
	Comfort Inn & Suites Glenwood Springs On The River ■ ■	2625 Gilstrap Ct	970-372-0424	ChoiceHotels.com
	Courtyard by Marriott ■ ■ ■ ■	105 Wulfsohn Rd	970-947-1300	Marriott.com/egecy
	Glenwood Hot Springs Lodge ■ ■ ■ ■	415 E. 6th Street	970-945-6571	HotSpringsPool.com
	Glenwood Springs Inn ■ ■ ■	141 West 6th St.	970-945-5438	GlenwoodSpringsInn.com
	Hampton Inn ■ ■ ■ ■	401 W. 1st Street	970-947-9400	Hilton.com
	Holiday Inn Express ■ ■ ■ ■	501 W. 1st Street	970-928-7800	IHG.com
	Hotel Colorado ■ ■ ■	526 Pine St.	970-945-6511	TheHotelColorado.com
	Hotel Glenwood Springs ■ ■ ■ ■ ■	52000 Two Rivers Plz Rd.	970-928-8188	TheHotelGlenwoodSprings.com
	Hotel Maxwell Anderson ■ ■ ■	402 7th St.	970-945-6565	TheHotelDenver.com
	Hotel 1888 at Glenwood Hot Springs Resort ■ ■ ■ ■	401 N. River Street	800-537-7946	HotSpringsPool.com
	Quality Inn & Suites ■ ■ ■ ■ ■	2650 Gilstrap Court.	970-945-5995	ChoiceHotels.com




	Name	Location	Phone	Website
	Residence Inn by Marriott ■ ■ ■ ■ ■ ■ ■ ■	125 Wulfsohn Rd.	970-928-0900	marriott.com/hotels/travel/egeri-residence-inn-glenwood-springs/
	Silver Spruce Motel ■ ■ ■ ■ ■ ■ ■ ■	162 West 6th St	970-945-5458	SilverSpruceMotel.com
	Wine Country Inn ■ ■ ■ ■ ■ ■ ■ ■	777 Grande River Drive, Palisade	970-464-5777	WineCountryInn.com



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